

Richland County HCE Executive Board needs Officers!



We are in need of officers for the Executive Board.

Current positions that are vacant are: Historian, Membership/Marketing.

If you are interested, please contact: Kathy Fanta at 608-604-0759 or by email: diangene@mwt.net



HCE Executive Board Meeting April 4, 2023

Present included: Kathy Fanta, Cecile Haugh, and Diane Dalberg.

The Richland County HCE Executive Board meeting April 4, 2023 at 10:00 a.m. in person at UW-Platteville Richland Campus in East Hall was called to order.

Kathy gave out "Orange the World" buttons and gave a handout explaining that this will be the theme of the 2023 Conference International Conference. We'll learn more about this at the SW District Spring Meeting, April 20th at Monroe.

Kathy and Cecile talked about the transfer of co-signers on the Richland County Executive Board account, from Yvonne Chapman to Cecile Haugh. It was agreed that Cecile could be a co-signer.

Kathy Fanta, Diane Dalberg, and Deborah Winzenried will attend the SW District Spring Meeting at Monroe.

Joan Rush passed away; a member of Yuba HCE. The Yuba group sent a \$25 memorial.

Get Real is coming up on April 26, 2023.

Spring Fling will be May 6 at Yuba. Chelsea Wunnicke will be a speaker.

HCE Executive Board will be doing a Culver's Share Night on July 26, 2023.

Cultural Arts will be July 18th. We'll have to see about the location about that event. Options may be at Schmitt Woodland Hills or Pine Valley community Village. Kathy will call to check out availabilities of their community rooms.

Kathy will check on the funds available for our scholarship program. The scholarship will be done before or by the Spring Fling. We will call the winner. Kathy and Cecile will read the letters. There are two submissions.

State Convention will be September 18—20, 2023 at Lake Delton. We'll ask Eileen to reserve a room at the Wintergreen Conference Center.

Kathy brought up an idea to make as favors at State Conference.

Next HCE meeting will be Tuesday, May 2, 2023 at 10:00 a.m.

Meeting adjourned at 11:10 a.m.

Sincerely submitted by Diane Dalberg

energy HCE Executive Board Meeting

June 6. 2023

At Eunice Keepers Shelter, Krouskop Park

Present included: Kathy Fanta, Cecile Haugh, and Diane Dalberg.

Kathy and Diane attended the HCE SW District Conference on April 20th in Monroe, WI.

May HCE Executive Board meeting was cancelled. Cecile will be the secondary co-signer on the Richland County HCE Executive Board account. Deb Winzenried is our new treasurer. Kathy phoned the Richland County Bank; Cecile will go the bank to sign a form. The Bank will need a copy of April 4, 2023 HCE Executive Board meeting minutes.

We talked about our experiences volunteering at this year's Get Real at the Richland Center High School.

Spring Fling was cancelled this year. We will, instead, have a Summer Fling at the Yuba Community center on Wednesday, August 9, 2023 at 9:00 a.m. to 4:00 p.m.

Plans are being made for an art project, membership awards, a speaker, a silent auction to raise funds for a scholarship (\$500 this year). Clubs will be asked to bring a centerpiece; they'll be judged and the best one will go to the HCE State conference in September. We need ideas for the art project. Examples of things for the silent auction are: craft items, antiques, baked goods, fresh garden vegetables. We may also have a quilt to be raffled. Next HCE Executive Board meeting, we will work on the program for our Summer Fling.

July 18th—Cultural Arts Show. This will be held in the 2nd floor Activity Room at Schmitt Woodland Hills from 9:00 a.m.—3:00 p.m. Kathy Granger will be our judge. Bring items for the show between 9:30 a.m.—10:00 a.m. This will be followed by a potluck lunch.

July 26, 2023 is our Culver's Share Night from 4:00 p.m.—8:00 p.m. We may need a couple more helpers.

"Driftless Dreaming" will be the theme for the WCE State Conference at the Wintergreen Conference Center in Wisconsin Dells. Cecile is in charge of favors for the tables.

SW District Fall meeting will be November 2, 2023, at 10:00 a.m. at Poynette Village Hall in Poynette, Columbia County.

July HCE Executive Board meeting will be Wednesday, July 5, 2023 at 10:00 a.m. at Diane Dalberg's home. Bring a brown bag lunch and Diane will supply the dessert.

Sincerely submitted by

Diane Dalberg

HCE Executive Board Meeting July 5, 2023

Present included: Kathy Fanta, Cecile Haugh, Diane Dalberg, and Debbie Winzenreid.

The Executive Board met at Diane Dalberg's home.

\$131 was paid to Eileen Eberle for the reading program. \$65.60 to Diane Dalberg for mileage reimbursement for Monroe District meeting on April 20.

We discussed an email received from Shirley Steinhorst regarding HCE member contribution report. It was decided that our county wouldn't contribute.

Kathy will get entry forms for the Cultural Arts Fair—July 18, 2023, to Sandy Campbell to make copies. The Fair will be held at Schmitt Woodland Hills in the Adult Day Center, from 9:00 a.m.—3:00 p.m. with a potluck lunch.

August 9, 2023 will be the Summer Fling at Yuba Community Center, from 9:30 a.m.—2:00 p.m.

9:00 a.m.— Registration 9:30 a.m.—Welcome

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9:45 a.m.— Craft 11:30 a.m.—Meditation Lunch	Richland County HCE donates an item/items for silent auction for State Convention. Collect at September HCE Executive Board meeting. (Cookbooks, jewelry, maple syrup, etc.)				
12:30 p.m.—Speaker: Chelsea Wunnicke 1:00 p.m.—Scholarships 1:30 p.m.—Membership Awards 2:00 p.m.—Homemaker's Prayer	Shoebox program—Items to be brought to September meeting. Crayons, cooking utensils (nothing sharp), haircare items, sewing items.				
A quilt was donated to Yuba Homemakers for the summer fling for a fundraiser. The Yuba group will decide whether they want to do a raffle or a silent auction.	Cecile has little bags made for State Convention. They'll be assembled at September 5, 2023 HCE Board meeting next month. We will meet at Cecile's house.				
July 26, 2023, will be Culver's Share night from 4:00 p.m.—8:00 p.m. Kathy and Cecile will work. Will ask others for help.	This year's Scholarship recipient is Elizabeth Shannon.				
The Treasurer's report was given by Deb Winzenried. The next Executive Board meeting will be August 1, 2023, at 10:00 a.m. Sincerely submitted by Diane Dalberg	Meeting adjourned. Respectfully submitted by Diane Dalberg HCE Executive Board Meeting				
HCE Executive Board Meeting	September 12, 2023				
August 1, 2023	Present included: Cecile Haugh, Kathy Fanta, Deb Winzenried, and				
Present included: Cecile Haugh, Kathy Fanta, Deb Winzenried, & Diane Dalberg	Diane Dalberg. Held at Cecile Haugh's home				
Held at Krouskop Park.	Homemaker's Creed and Pledge of Allegiance recited. Minutes from August meeting read by Diane. Accepted as read. Motion				
The Extension Office is now at the Social Services Bldg (Corner Main Street and Seminary Street). Ask at front desk and Sandy or Jennie will meet you.	made by Kathy and seconded by Cecile. Treasurer's report read by Deb. Received check from Culver's Share Night for \$416.02. Report accepted as read—Diane 1st and Cecile 2nd.				
	No Old Business discussed at this time.				
July 5, 2023 meeting minutes read and accepted as read. July 18, 2023 Cultural Arts Fair held at Schmitt Woodland Hills Adult Day Center. 22 items were entered. Kathy Granger was our judge. 12 items chosen for HCE State Convention.	New Business: Sue Fronk, Bid, Deb Winzenried, and Kathy Fanta will be attending State Convention at Clarion Hotel in Wisconsin Dells. Plans being made for accommodations, classes, tours, etc. Kathy F. donating a necklace for silent auction. Deb W. donating a John Deere coffee				
Treasurer's report read by Deb Winzenried. Motion to accept report as read made by Diane and seconded by Cecile.	mug. The donated basket for Richland County is a sewing basket. Cecile donating the basket and sewing items. Quiltlets for Nicaragua being donated by the Five Points Gals.				
Old Business: Summer Fling canceled for this year due to declining membership, no Executive Board President, Extension Office upheaval, members	The Extension Office will be moving to Melvill Hall—date to be determined.				
with health issues, etc.	Homemaker Executive Board October Meeting will be at Social Services Bldg 10:00 a.m.—12:00 noon.				
Culver's Share Night—Wednesday, July 26, 2023. Deb Winzenried, Kathy Fanta, Cecile Haugh, and JoAnn VanEvery participated. Busy and successful! Check will be sent in one month.	Diane brough up that she visited the Akey School Museum; Ken Thiede, President of Richland County Historical Society, was there and mentioned there is an interest in getting some history of				
New Business: Cultural Arts entry sheets were sent in by August 1, 2023 deadline. Kathy will check State HCE website to see if any updates are needed for Richland County. She will also check on the tri-fold display board to take to State Convention, Sept 18, 2023.	Richland County Homemakers. Cecile said she had a book with Richland County Homemakers that she donated to the History Room at the Brewer Library. The Homemakers Executive Board members will try to gather some information and bring it to the next months' meeting.				
Bags of personal care items being collected for Passages. Diane and Cecile have made bags. Bring items to October meeting.	Adjourned and had a nice lunch together. Spent much of the afternoon preparing favors for tables for the Homemakers State Convention coming up later this month.				
	Respectfully submitted by Diane Dalberg				

HCE State conference 202

By Kathy Fanta

WAHCE State Conference was held September 18-20, 2023

Conference Center, Wisconsin Dells, WI. The theme this year

ornaments out of cardstock, How to make a T-shirt guilt, and

Entertainment included the keynote speaker, Dorothy Harms

from Sauk County. Dorothy was inducted into the 4-H Hall of

Fame and is part of the Farmer Angel Network. Tuesday

at the Clarion Hotel and Suites and the Wintergreen

Workshops and a meeting I attended were the WAHCE

Paint a penguin on a gourd using paint, spackling, and accessories, How to care for air plants, Creating 3-D holiday

How to become an Intuitive/Mindful Eater.

Annual Business Meeting representing Richland County,

was "Driftless Dreaming with HCE".

HCE Executive Board Meeting December 12, 2023

Our December 12, 2023 meeting was held at Melvill Hall, our new home for HCE meetings.

Interim President, Kathy Fanta called the meeting to order at 10:25 a.m. We recited the Pledge of Allegiance and the Homemaker Prayer.

No minutes were read because we did not have a meeting in November due to Diane Dalberg's passing. Deb Winzenried gave the treasurer's report, which was approved and filed.

There was considerable discussion about the status of HCE. It does, however, appear that county is planning on hiring a new FLE.

The Extension Office will be sending out the new membership cards and letters. Dues will continue to remain at \$10.00

Our meeting closed at 11:30 a.m.

We enjoyed a Christmas Potluck and filled care bags for Passages which Cecile then delivered to Passages. The items were very much appreciated. Also donated were approximately 20 pairs of pillowcases which Diane Dalberg donated. Passages has a great need for pillowcases because they like to send a pillow and pillowcase with each resident when they leave the premises.

> Respectfully submitted, Cecile Haugh





The Richland County HCE Executive Board met and put together approximately 40 bags for Passages. They contain items such as: toothbrushes, toothpaste, soap, shampoo, conditioner, deodorant, mouthwash, combs, wash cloths, lotions, etc. Items you would need for a night away from home. They also made bags to put the items in.

evening banquet had a sing along with The Living Flag of Sauk County singing group.

So much talent seeing the Cultural Arts entries, the themed centerpiece entries, and the silent auction donations by the counties.

Thank you to our Southwest District for hosting this conference.









Joan M. Rush

Joan M. Rush, age 89 years, of Hillsboro, Wisconsin, passed away on Wednesday, March 22, 2023 in Delavan, Wisconsin.

She was born on May 30, 1933 to Edward and Mary (Millar) Rome in Lake Geneva, Wisconsin.

On February 17, 1951, Joan was united in marriage to James L. Rush Sr. in Lake Geneva. They lived in Lake Geneva where Joan worked as a supervisor at Chaneys for many years.

Following retirement in 1982, they move to the Yuba area (rural Hillsboro), where they made their home. James preceded her in death on July 14, 2005.

Joan was an amazing woman who had many trades, from homemade raspberry jam, homemade applesauce, along with her homemade breads and baked goods. Joan also loved flowers, gardening, hunting, fishing and animals.

Joan was a loving wife, mother, grandmother and friend. She will be deeply missed by her daughter, Sandra (Michael) Koerner; her son, James L (Carrie) Rush Jr.; granddaughters, Tracy, Shawn, Heather, Jenne, Jill and Jamie; nine Great Grandchildren; one Great Grandchild and sister-in-law, Ann (Arnie) Thomas.

In addition to her husband, James; she was preceded in death by her parents, Edward and Mary Rome and her brother, Jack E. Rome.

Burial will be in the Bear Creek Cemetery at La Farge.



Lynette Schwichtenberg

Lynette Schwichtenberg, 82, of Richland Center, passed away peacefully on Thursday, October 19, 2023, at her daughter's home with family by her side.

She was born on January 10, 1941, to Leland L. and Mildred E. (Baker) Robinson. She grew up in Forest Township on the family farm. She was active in 4-H as a young person. Lynette graduated from Viola High School in 1959. Then she attended the Teachers College in Richland Center.

Lynette married Cecil Schwichtenberg on June 25, 1960, in Viola. They farmed for years and had eight children together. They divorced in 1974 and Lynette went on with life, raising the kids, going to church, cleaning houses for people. Later Lynette worked at Pine Valley for many years and babysat her grandchildren for years. She was a member of Trinity United Methodist Church and was always busy helping at the church.

She was also on the Women's Relief Corp, active in the Tops Group, homemaker group, kept active at Symons, and the foster grandparent program. Lynette was a devoted mother and grandmother. She enjoyed watching Hallmark movies, reading books, watching the birds, and loved having family and friends visit with her. She loved working with the kids at school. The children in her life made her really happy.

Lynette is survived by her eight children: Denise (Steve) Ruetten, Gary (Lisa) Schwichtenberg, Sue McGrew, Jaleen (Jeff) Ambrose, Mark (Jackie) Schwichtenberg, Tammy (Terry) Fritz, Michael (Lori) Schwichtenberg, Eunice Black; 19 grandchildren: Steven, Natasha and Joe Ruetten, Lydia (Brandon) Henry, Holly and Jacob Schwichtenberg, Grace

(Mark) Kaetterhenry, Sativa (Jim) Self, Sarina (Eric) Reyes, Matt (Tanya) Habel, Tyler (Alli) Goodyear, Megan Goodyear, Morgan Crotsenberg, Abby, Elizabeth and Josh Schwichtenberg, Aaron (Cassandra) Black, Angelica (James) Black, Trever Repenski; 25 great grandchildren with 2 more on the way, many other relatives and friends.

Lynette was preceded in death by her parents Leland and Mildred, sister LaNell Hatcher, great grandson Chance Ruetten, and ex-husband Cecil Schwichtenberg.

Burial will be in the Richland Center Cemetery.



Diane Dalberg



Diane Lynette (Wanless) Dalberg, 72, of Blue River went to be with the LORD unexpectedly on Thursday, November 2, 2023. She was born October 4, 1951, in Richland Center, the daughter of Vernon Mills and Veletta Mae (Statzer) Wanless and grew up on the family farm in Gillingham, homesteaded in 1848. She was the youngest of five children. She went to Gillingham Elementary School and graduated a Richland Center Hornet in 1969. She went to Madison Area Technical College and graduated as a licensed practical nurse.

Diane married her high school sweetheart Vern Dalberg. They moved to Madison to raise their children. In Madison, she worked at Americana Nursing Home, Dane County Public Health and Hospice Care, Inc. for 25 years. Throughout her career as a nurse, she touched the lives of thousands of people. She received the National Heart of Hospice award for her compassionate care. The next 23 years were spent as an innkeeper at the Cream Pitcher Bed & Breakfast on the Dalberg family farm.

Diane was such an amazing woman, that is difficult to describe her life in a few paragraphs. She was a devoted wife, wonderful mother, grandmother, sister and aunt. She was a loyal,

long-time friend to many and a fast friend to all she met. Her faith was first in all she did; she had a love for Jesus that all could see and she served Him with al her heart. She exuded kindness, generosity and patience and was also fun-loving and silly and made everyday life fun and special.

Her talent was immeasurable – she didn't dabble in her hobbies, she did them expertly. She was a master canner, quilter, photographer and card maker. She sent meaningful and memorable birthday, anniversary and Christmas cards to so many! She enjoyed water coloring, word searches, playing cards and was a Scrabble champion. She was also an active member of the Homemakers Club.

She was incredibly organized and used those skills in many ways including Sunday school teacher, Girl Scout leader, church treasurer and was on the board at the Fancy Creek and Basswood Cemeteries. She entered many fair projects and was a superintendent at the fair. She loved antiques and had an impressive cream pitcher collection.

Diane loved to travel with her immediate and extended family. She visited almost all of the 50 states and loved visiting National Parks. She took one trip to Europe to visit the places her ancestors were from and was also the family historian and record keeper.

Her family and everyone who visited the B&B would tell you that she was an incredible baker and breakfast maker with a heart for hospitality.

Diane was preceded in death by her father Vernon Mills Wanless, mother Veleta Mae Wanless, and step-mother Norma (Huth) Wanless.

Left to cherish her memory are her husband of 52 years, Vernon Dalberg, daughter Katie Wilkins, son Jared (Heidi) Dalberg, and four grandchildren Laura, Lizzie, and Lander Wilkins and Isla Dalberg along with her siblings Beth Ann Zentner, Don (Alene) Wanless, Caryl (Barry) Beaty, Cheryl Stanley and too many cherished family and friends to list.

Burial will be in the Basswood Cemetery.



Laurene 'Squeak' Behrendt

"Death is hardest on the living." – Laurene "Squeak" Lee Williams-Behrendt gentle reminder to those in mourning

Laurene "Squeak" Lee Williams-Behrendt passed away peacefully in her home on November 28, 2023, at the age of 75.

In life, Squeak was a force of love, kindness, and thoughtfulness that tied the Behrendt family together. If she wasn't reading or traveling the world over, she was helping others. As a CNA, her hard work created memorable bonds with coworkers and patients that carried on even into retirement. In later years, her involvement shifted to local kinship programs, the community food bank, the local library, and the county history room. She filled her days nurturing the community, leaving a lasting legacy as she dedicated her life to enriching those around her. She lived with a positive outlook on life, and if you needed a shoulder to lean on or a hand to hold, you could always count on Squeak.

She is survived by her devoted husband, Donald Behrendt, who she happily married in October 1968 in Concord, California; sons Josh and Jeremy Behrendt; granddaughter Darrion Behrendt; sisters Virginia Fisher and Kay DeVries; and brother Barron Williams. She joins her parents, Herbert Williams and Marrion Stokes Williams, in peaceful rest.

Squeak was a photographer, memory keeper, and caretaker to all who knew her. As an irreplaceable wife, mother, grandmother, community member, and friend, she will be missed and loved eternally.

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for them in all
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2024 WAHCE Conference Registration Information September 16-18, 2024



Hilton Appleton Paper Valley, 333 West College Avenue, Appleton, WI

Make check payable to: WAHCE, Inc. Mail with registration form to: Jane Grabarski, 996 Evergreen Avenue, Grand Marsh, WI 53936. E-mail janegrabarski@gmail.com

- Fees: \$170.00 for HCE Members or \$180.00 for non-HCE members. Registration fee includes meals.
- NOTE: New for 2024 There is NO one day registration, only full conference registration.
- Tour fees are separate as are the fees for some of the workshops.
- WAHCE reserves the right to alter or cancel a class as necessary.
- There is a \$50 late fee postmarked after August 15.
- Southeast District County Presidents do not pay a registration fee.
- Registration fees are transferrable, but not refundable.

Registration Deadline: August 15, 2024

Registration Hours:	Sunday, September	15	2:00 pm – 6:00 pm
	Monday, September	16	8:30 am – 5:00 pm
	Tuesday September	17	7:00 am – 8:30 am

Tours: Four tours are scheduled as well as four on-site workshops. Please indicate your first (1), second (2), third (3), or fourth (4) choice. It is important that you indicate your tour preference choices. If your first choice is cancelled, you will automatically be given your second choice. Include the tour fee for your first choice with your registration. Please indicate any special bus accommodations on your registration form.

Cultural Arts: Items may be brought on Sunday (September 15th) from 2:00 - 8:00 pm or Monday (September 16th) from 8:00 – 11:30 am. Judging will begin at 11:30 am on Monday the 16th.

Business Meeting: President Eileen Gottbeheat will preside at the WAHCE, Inc., Annual Business Meeting which is open to all conference attendees. Voting delegates (County Presidents and WAHCE Board members) are required to attend. All voting delegates will sit in assigned seating. This meeting begins at 8:00 am, on Tuesday, September 17.

Workshops: Indicate your first (1), second (2), third (3), fourth (4), and fifth (5) choice in each time period. Second, third, fourth and fifth choices are needed in case your first choice is filled. Omitting the second, third, fourth and fifth choice will not insure placement in your first choice.

Education Program Workshops: Every county should have their Vice President of Program or Vice President of Family and Community Life (or another county representative) attend these sessions. All are welcome.

- Program #1 "Milk, Mail and Medications" (September 18, 8:30 9:45 am)
- **Program #2** "Social Isolation and Loneliness: How to Mitigate the Negative Impacts" (September 18, 10:30 11:45 am).

Meals: Meals include Monday night dinner, Tuesday breakfast, lunch and dinner, and Wednesday breakfast and lunch. Please indicate any special meal requirements on the registration form.

Room Reservations: Hilton Appleton Paper Valley, 333 West College Avenue, Appleton, WI 54911. Make reservations by calling 1-800-774-1500 and mention the WAHCE Annual Meeting group block code WAHC. Standard rooms have either one king bed or two queen beds at \$119 for one or two people including handicap accessible rooms, \$129 for three people and \$139 for 4 people. Junior Suite rate is \$159. To see the ADA compliant rooms on the booking link, check the accessible rooms box. https://www.hilton.com/en/book/reservation/deeplink/?ctyhocn=ATWPVHH&groupCode=WAHC&arrivaldate =2024-09-15&departuredate=2024-09-

18&cid=OM,VWV,HILTONLINK,EN,DirectLink&fromId=HILTONLINKDIRECT

Wisconsin Sales Tax Exemption: Unless you are being reimbursed by your county HCE organization, you will be charged sales tax. Please ask your County President for the letter required by the hotel.

Conference Chair: Donna Zarovy, 262-857-7502 or 262-945-7502, <u>zarovy@frontier.com</u> Linda Feucht, 920-387-4029 or 920-344-6406, <u>lafeucht@gmail.com</u>



2024 WAHCE Annual Business Meeting and Conference Tours

Tours will be Monday September 16, 2024. All tours will leave the hotel at 12:00 noon and return by 4:00pm. Tours will be transferable but not refundable. **If a tour is cancelled, guests will receive their next choice**. All tours have a minimum of 40 and maximum of 54 guests.

Tour #1 -- History Museum at "The Castle" and School Bus





Tour #2 -- Little Chute Windmill and Kerrigan Brothers Winery\$30.00 Enjoy a short school bus ride to the *Little Chute Windmill*, an authentic, fully functioning 1850's design from the Netherlands, standing over 100 feet tall. It is a tribute to the Dutch heritage of the Midwest and bears witness to the history of Dutch migration and settlement in the region. The visitor

Next we travel to the *Kerrigan Brothers Winery*, a family owned and operated business since 2000. Learn about their history, wine making process, and special wines. Enjoy wine tasting and browse through their fabulous gift area that includes wines and unique gift items.





Tour #3 -- Rawhide Youth Services, New London......\$40.00

center features a museum, gift shop, meeting rooms, media room, and archival storage.

A couple with a dream. A star quarterback with a heart for changing lives. Since 1965, RAWHIDE has carried on the legacy of hope that the Gillespie and Starr families first brought to life. Founded on compassion and continuing a legacy of transformation. Tour includes a 30+ minute motor coach ride to the Ranch and back, visit the Welcome Center, tour the grounds, and have a special dessert and coffee in the cafeteria. A very inspirational afternoon. Minimum amount of walking.

Walk through Aviation's history! Discover airplanes used in aviation's early days and a tribute to the Wright brothers. Explore World War II aviation. Throughout the museum, there are historic photographs and works of art. A gift shop is available. All areas of the museum are wheelchair accessible via ramps and elevators. Free wheelchairs are available for visitor's use. Tour includes a 30 minute motor coach ride to the EAA.



Not going on a tour? Try these at the Hotel at 1:00 pm:

• A: Fox Trot Trail Self Guided Tour (no charge)

For those who like walking, the Fox Trot Trail offers the perfect way to spend an afternoon. The Trail takes visitors on a self-guided tour of the most important Appleton landmarks, covering a total of 2.2 miles s. There are 16 stops in total, enabling you to learn about places such as Houdini's childhood home, and the world's first hydro-electric power plant. The Trail is easy to find: just follow the BLUE FOX PAWPRINTS on the sidewalks, from one stop to the next.

- B: Water Exercise at the Hilton Appleton Paper Valley Pool (no charge) -- Join HCE Members as Charlotte DuPree leads them in water exercise.
- C: Card Making with Pam Fiedler -- All supplies are provided for you to make four greeting cards including envelopes. \$15 supply fee paid directly to Pam. Limit of 20
- D: Funky Snowman with Lynn Marcks Join Lynn in creating the Funky Snowman pillow an easy, fun, you can't go wrong sewing project. Bring a 16 X 16 sofa pillow in a dark plain color and a scissors. Fee for supplies is \$25 paid directly to Lynn at the workshop. Limit of 18



• E: Paper Crafts with Althea and Amanda Smith -- Make several different paper crafts: an apple with a roll of toilet paper, paper bag star, and a scrap book to hole memories of conference. Bring scissors if you have them. \$18 fee paid to Althea at workshop.

2024 WAHCE Annual Business Meeting & Conference Experience the Magic of HCE Workshop Descriptions ** Tuesday, September 17, 2024**

Session #1: 8:30 - 9:45 AM

101: Annual Business Meeting "Starts at <u>8:00 AM</u>" Reserved seating for voting delegates: County Presidents and WAHCE Board Members. *Presiding:* WAHCE President Eileen Gottbeheat

• **102** Card Making \$15 fee paid to presenter (repeated on Wednesday) Dabble in the art of card making. Participants will make four different cards. All materials included including rubber stamps, designs and envelopes. This workshop is being repeated. Repeat has different cards.

Presenter: Pam Fiedler, Sheboygan County HCE Member and Card Maker

103 Preserving Your Plate: A Beginners Guide to Home Canning

Discover the art and science of home food preservation in our immersive workshop, "Preserving Your Plate: A Beginner's Guide to Home Canning." In this beginner-friendly session, participants will learn about essential canning techniques, from selecting produce to safely processing jars. Whether you're a beginner or looking to refresh your memory, this session will empower you to confidently transform seasonal harvests into delicious, shelf-stable delights.

Presenter: Katie Jagely, Winnebago County Extension

104 "Honey", Is it Worth the Sting

Nancy will speak on beekeeping: parts of a beehive; the three kinds of honey bees and the fascinating Waggle Dance, as well as why bees are crucial to our existence. One third of our global food supply is pollinated by bees. 250,000 species of flowering plants depend on bees for pollination. Nancy will shine a light on how we all can help contribute to the welfare and survival of honeybees by planting bee friendly flowers and limiting the use of chemicals. Our fuzzy little friends are also famous for something else: Honey. The health benefits of honey as well as recipes will be shared. *Presenter: Nancy Lanyi, Beekeeper*

• 105 ADRC Centers: Know Us Before You Need Us

Beth will be presenting on what ADRCs are, who they serve, and how to access them. She will also talk about the specific type of resources offered and the importance of contacting the ADRC as soon as you think you might benefit from information or assistance.

Presenter: Beth Roberts, Winnebago County Aging and Disability Resource Center

Session #2: 10:30 - 11:45 AM

201 Wisconsin Bookworms Workshop

Books and activities for the 2024-2025 Wisconsin Bookworms program will be discussed. There will be time for questions, as well as county sharing. *Presenter: Marianne Geiger, WAHCE Wisconsin Bookworms Chair*



Discover the art and science of home food preservation in our immersive workshop, "Preserving Your Plate: A Beginner's Guide to Home Canning." In this beginner-friendly session, participants will learn about essential canning techniques, from selecting produce to safely processing jars. Whether you're a beginner or looking to refresh your memory, this session will empower you to confidently transform seasonal harvests into delicious, shelf-stable delights.

Presenter: Katie Jagely, Winnebago County Extension







203 Native Tribes of Wisconsin

Wisconsin's Native Nations: In this interactive workshop, we'll learn about Wisconsin's Tribal Nations, their cultural teachings and strategies for working with underserved and underrepresented communities. Presenter; Dr. Annie Jones, UW Madison Division of Extension.

204 "Honey", Is it Worth the Sting -- Repeat

Learn more about beekeeping including parts of a bee hive; the three kinds of honey bees; and the fascinating Waggle Dance, as well as why bees are crucial to our existence. One third of our global food supply is pollinated by bees. 250,000 species of flowering plants depend on bees for pollination. Nancy will shine light on how we all can help contribute to the welfare and survival of the honeybees by planting bee friendly flowers and limiting the use of chemicals. Our fuzzy little friends are also famous for something else: Honey. The health benefits of honey as well as honey recipes will be shared.

Presenter: Nancy Lanyi, Calumet County HCE Member and Beekeeper

205 Diamond Dotz Suncatcher -- \$10 fee paid to presenter.

Diamond Dotz is a fun and relaxing craft which is very easy to do at any age. There should be enough time to complete your suncatcher, but if you do not complete it, it will be very easy to pack up and take with you to finish at your leisure. Everything you need to create a lovely Diamond Dotz suncatcher will be provided.

Presenter: Nancy Wagner, Crafter

206 Farmers Angel Network

The Farmer Angel Network builds strong rural communities that support agriculture by providing education, resources, and fellowship with a focus on mental wellness and suicide prevention in and around Sauk County Wisconsin. This workshop will spotlight rural mental health challenges and how communities can come together to sustain farm families during times of distress. Presenter: Dorothy Harms, Farmers Angel Network

Session #3: 3:30 - 4:45 PM

301 Inga Witcher – Lessons From A Small Farm

Learn how Inga Witscher, dairy farmer, cheese maker and host of the PBS series Around the Farm Table, has made a living on a small farm. Inga will discuss the benefits of small scale agriculture, her journey as a dairy farmer, and her recent addition to the farm, cut flowers. Presenter: Inga Witcher, dairy farmer, cheese maker and host of PBS series Around the Farm Table,

302 Barn Quilts

Rock County, Wisconsin began its Barn Quilt project in 2010 with encouragement from Walworth and Green counties. The technique used in drawing, painting, and assembling a barn quilt will be shared along with a slide show of quilts within these three counties. If attendees have a question about how to draw a specific design, bring it and they may discuss it with the presenter following the presentation. Presenter: Jeanette Beard, Barn Quilt painter and designer and Walworth County HCE member

303 Funeral Planning

You will learn about advanced funeral planning, traditional funerals and burials, cremation options and veteran's benefits.

Presenter: Lisa Brennan, Westgar Funeral Home

304 Encouragement for the Discouraged: International Workshop

Pastor Matthew Saur will speak to us about the program he and a large group of Volunteers run in Manitowoc. This program includes Community Dinners, the homeless shelter, and collecting HCE

and using unsold food from grocery stores, bakeries etc. that would otherwise be thrown away. He will talk about the history of hunger and homelessness in the United States as well as the world. What are some of the contributing factors to hunger and homelessness today. Are there some things we can do to help? Can we make a difference?

Presenter: Pastor Matthew Saur, Manitowoc





• 305 Getting Started With Facebook for HCE



Is your county or club considering using Facebook for communication or promotion but aren't sure how to get started? This workshop will give you the basics; how to set up an account, the differences between a profile, group, or page, public and private settings, creating posts and events and using scheduling for both, and sharing photos. For Facebook admins, there will be a few tips on how to manage your page or group.

Presenter: Christine Larsen, Washington County HCE Member

• 306 Reach Out and Ask Someone

WAHCE Membership Chair Sheryl Smith will lead a discussion about reaching out to friends, neighbors, relatives, and people you casually meet to tell them about HCE and try to encourage them to join.

Presenter: Sheryl Smith, WAHCE Membership Chair

** Wednesday, September 18, 2024**

Session #4: 8:30 - 9:45 AM

• 401 Treasurer's Workshop

WAHCE Treasurer Louise Dahlke will discuss the in's and out's of being an HCE Treasurer. Information about the different reports to be submitted by the counties to the District and WAHCE Treasurer.

Presenter: Louise Dahlke, WAHCE Treasurer

• 402 An Old Fashion Hootenanny

Join Lynn for this interactive folk music sing-along/play-along. Learn about famous folk music composers and performers and the origin of their songs. Lynn will play guitar and bring some additional instruments for Hootenanny fun. If you joined Lynn previously for a Hootenanny -- come again! More songs---more instruments---and more fun! *Presenter: Lynn Marcks, WAHCE Member*



• 403 Cultural Arts Workshop

WAHCE Cultural Arts Chair Darlene will lead a discussion about the Cultural Arts program, the entries for the current year, the direction for the future and planning Cultural Arts for 2025. *Presenter:* Darlene Schumacher, *WAHCE Cultural Arts Chair*

• 404 The Importance of Stories to Genealogy

Genealogy has been a pursuit of many over the years. Looking for family members has become easier since computers have become a resource for much information, primarily statistical. However, some of the best genealogy is acquired through family stories. This program will lead to thoughts about the stories that have been passed down, some correct and some not. The goal is to enjoy, ind out how your family came to be what it is today.

Presenter: Mary Jane Herber, Brown County Public Library

• 405 Gardening with Climate Change in Mind: Trends, Challenges and Adaptations

The first part of this presentation is a review of the interconnected causes of climate change, results we are observing now and projected climatic trends for the upcoming few decades. The second part is suggestions for strategies and techniques to make personal landscapes more resilient to predicted weather trends and shrink your carbon footprint as a gardener.

Presenter: Lisa Johnson, UW Madison Division of Extension Horticulture Educator

406 Education Program #1: Milk, Mail, and Medications

Learn about preparing to care – the what, why and how of supporting a loved one through a health crisis. Learn tools as a caregiver or future caregiver – tools that can help families plan, prepare and persist through a caregiving journey.. *Presenter: Katie Daul, Oconto, Human Development and Relationships Educator*



Session #5: 10:30 - 11:45 AM

501 The Magic of Family Connections

Strong ties with family, friends and the community provide people with happiness, security, support and a sense of purpose. Connection to others is important for our mental and physical wellbeing and can be a protective factor against anxiety and depression. Family relationships may become even more important to well-being as individuals age. Learn what the research says about the importance of family connections, tips on staying connected to family throughout lifespan, and the art of agreeing to disagree when families don't see eye to eye.

Presenter: Patricia Carroll, Dodge County Extension Educator

502 Steps to Safety – Prevent Fire and Falls at Home

Steps to Safety provides the framework and tools for fire and EMS professionals and their health and social service partners to impact their community to reduce incidence and injury from home fire and falls.

Presenter: Alexandria Quintana, Appleton Fire Department

503 Education Program #2: Social Isolation and Loneliness The US Surgeon General has declared social isolation and loneliness a health crisis. Let's learn more about this epidemic. You will leave this session with tools for meaningful connection. Presenter: Alicia Utke-Becker, Sheboygan County Extension Educator

504 Cardmaking – \$15 fee paid to presenter -- Repeat Dabble in the art of card making. Participants will make four different cards. All materials included including rubber stamps, designs, and envelopes. Presenter: Pam Fiedler, Sheboygan County HCE Member

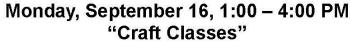
505 Hmong in America

Hmong in America What and who are the Hmong people? Did you know there are over 3,000 Hmong residing in Appleton, WI?! In addition, Hmong is the largest Asian American ethnic group in Wisconsin, totaling over 50,000 people! Come join me and learn a little about Hmong culture; our history, what brought us to America, where many have settled down, how our culture has adjusted to American culture, and most importantly our values. During this workshop, you will get to learn about my culture and have a chance at viewing our traditional clothing up close. Presenter: Yee Santiago

506 Butterfly Garden Design

This presentation addresses essential components needed to design a vibrant butterfly garden that attracts and supports both adult butterflies and their caterpillar stage. You will also learn how to site your garden and select herbaceous and woody plant species. We will also review a small number of plants that are particularly attractive to butterflies.

Presenter, Lisa Johnson, Dane County Extension Horticulture Educator



Cardmaking – Pam Fiedler Dabble in the art of card making. Participants will make four different cards. All materials included including rubber stamps, designs and envelopes. \$15 fee paid to Pam at workshop.

- Funky Snowman Lynn Marcks Join Lynn in creating the Funky Snowman pillow--- an easy, fun, you can't go wrong sewing project. Bring a 16 X 16 sofa pillow in a dark plain color and a scissors. \$25 fee paid to Lynn at the workshop.
- **Paper Crafts** Althea and Amanda Smith

Make several different paper crafts: an apple with a roll of toilet paper, paper bag star, and a scrapbook to hold memories of conference. Bring scissors if you have them. \$18 fee paid to Althea at workshop.









2024 WAHCE Conference Registration September 16-18, 2024 Deadline August 15, 2024



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<i>I grant WAHCE Inc., the rigl and publications, web sites Please sign here:</i>	and promoti	on of WAHC	E Inc.	-	, -	
EMERGENCY CONTACT					Is this your 1 st Time	
Name:			_		attending a WAHCE	
Relationship:						
Telephone: () No						

You must rank your preferences 1 through 4 for ALL tours &/or activity sessions.

MONDAY TOURS – September 16, 2024, Noon – 4:00 PM

Tour 1 Castle History Museum/Bus Tour of Appleton	\$ 30.00
Tour 2 Little Chute Windmill/Kerrigan Winery	. \$ 30.00
 Tour 3 Rawhide Youth Services, New London	.\$ 40.00
Tour 4 EAA AirVenture Museum, Oshkosh	\$ 40.00

A. Fox Trot Trail Self-Guided Tour - registration not required, do at your leisure.



For those who like walking, the Fox Trot Trail offers the perfect way to spend an afternoon. The Trail takes visitors on a self-guided tour of the most important Appleton landmarks, covering a total of 2.2 miles without ever leaving the city streets. There are 16 stops in total, enabling you to learn about places such as

Houdini's childhood home, and the world's first hydro-electric power plant. The trail is easy to find: just follows the BLUE FOX FOXPRINTS on the sidewalks, from one stop to the next.

MONDAY ACTIVITIES AT HOTEL -- September 16, 2024, 1:00 – 4:00 PM

- ____ B. Water Exercise in hotel (no charge)
- C. Card Making in hotel \$15 paid to instructor at start of class.
- D. Funky Snowman in hotel \$25 paid to instructor at start of class.
- E. Paper Crafts in hotel \$18 paid to instructor at start of class.

Rank your preferences 1 through 5 for all workshop sessions. If not and sessions are filled you will not be assigned to a session in that time slot.

TUESDAY WORKSHOPS:

Session 1 – Tuesday Sept 17 - 8:30 AM

- 101 WAHCE Business Meeting (8 AM)
- _____ 102 Card Making (craft)
- 103 Preserving Your Plate
- 104 "Honey", Is it Worth the Sting
- _____ 105 ADRC Centers Know Us

Session 2 – Tuesday Sept 17 10:30 AM

- 201 Wisconsin Bookworms
- 202 Preserving Your Plate (repeat)
- _____ 203 Native Tribes of Wisconsin
- 204 "Honey", Is it Worth the Sting (repeat)
- 205 Diamond Dotz Suncatcher (craft)
- 206 Farmers Angel Network

Session 3 – Tuesday Sep 17 3:30 PM

- _____ 301 Lessons from a Small Farm
- _____ 302 Barn Quilts
- _____ 303 Funeral Planning
- _____ 304 Intl. Encouragement for Discouraged
- _____ 305 Getting Started with Facebook for HCE
- _____ 306 Membership Reach Out & Ask Someone

WEDNESDAY WORKSHOPS

Session 4 Wednesday Sept 18 - 8:30 am

- _____ 401 Treasurer's Workshop
- _____ 402 Old-Fashion Hootenanny
- _____ 403 Cultural Arts Workshop
- _____ 404 Importance of Stories to Genealogy
- _____ 405 Gardening With Climate Change
 - 406 EDUCATION SESSION #1 Milk, Mail & Medications

Session 5 - Wednesday Sept 18 - 10:30 AM

- ____ 501 Magic of Family Connections
- _____ 502 Steps to Safety
 - 503 EDUCATION SESSION #2:
 - Social Isolation and Loneliness
 - ____ 504 Card Making (craft) repeat
- _____ 505 Hmong in America
- _____ 506 Butterfly Garden Design

Note: Tuesday and Wednesday craft class fees will be paid directly to instructor at start of session.

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CONFERENCE REGISTRATION FEES - Postmarked by August 15, 2024

Conference & Meals WAHCE Member or spouse\$170	\$
Conference & Meals Non-Member	\$
SE District HCE President (Registration/Meals only)\$0	
Add Late Fee (Postmarked after August 15)\$50	\$

MONDAY TOUR FEES (Conference Registration Required)

Tour 1-Museum at Castle/Appleton Bus Tour	\$30	\$
Tour 2-Little Chute Windmill/Kerrigan Winery		\$
Tour 3-Rawhide Youth Services, New London	\$40	\$
Tour 4-EAA AirVenture Museum, Oshkosh	\$40	\$

Total Due with Registration Form & Monday Tour Fees:

Make checks payable to WAHCE, Inc., and mail with completed registration form to: Jane Grabarski, Registrar at 996 Evergreen Ave., Grand Marsh WI 53936

REGISTRATION FEES ARE TRANSFERABLE BUT NOT REFUNDABLE.

Office Use Only:			
Postmark	Rec'd	Ck#	Ву:
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Division of Extension provides equal opportunities in employment and programming, including Title VI, IX, ADA/ Section 504 Rehabilitation Act requirements.

HOMEMAKER HERALD

