



# HOMEMAKER HERALD

## Summer 2021



### Calendar of Events

#### June

- 14 Flag Day
- 15 HCE Executive Board Meeting via Zoom, 10 a.m.
- 20 First day of Summer
- 20 Father's Day



#### July

- 4 Independence Day - Happy 4th of July!
- 13 Richland County Cultural Arts Show/  
HCE Executive Board Meeting, Extension  
Richland County, 8:30 a.m.
- 21 HCE Summer Fling, RoadRunner Café/ Wallace  
Student Center, UW-Platteville Richland, 9:30 a.m.



#### August

- 7 Purple Heart Day
- 9 HCE Executive Board Meeting via Zoom, 10 a.m.
- 17 HCE SW District Meeting, RoadRunner Café/Wallace  
Student Center, UW-Platteville Richland, 9:00 a.m.
- 21 Senior Citizens Day



#### September

- 6 Labor Day
- 8-12 Richland County Fair!
- 11 Patriots Day
- 12 Grandparents Day
- 14 HCE Executive Board Meeting via Zoom, 10 a.m.
- 20-22 State WAHCE Conference, Stevens Point, WI
- 21 International Day of Peace
- 22 First Day of Autumn

inside  
this  
issue!

HCE President's Letter	2
Family Living Agent Letter	2
HCE Executive Board Meeting Minutes	3 - 8
In Memoriam	9
Bow Tie Pasta Recipe	9
Richland County Cultural Arts Instructions	9
WAHCE Cultural Arts Categories and Entry	10 - 11
WAHCE State Conference Registration Information	12
WAHCE Conference Menu	13
WAHCE State Conference Registration Form	14
WAHCE State Conference Tours	15
WAHCE State Conference Workshops	16 - 19



**With record temperatures hitting our area, please stay cool and safe. Keep hydrated!**





Hello Everyone,

Well it is time again for me to let you know what our clubs have been up too. Although our clubs are not having in person club meetings we will be soon. We might need to have outdoor meetings for the larger clubs to keep the CDC requirements but we are working to make that happen.

The HCE Executive board is still meeting every month via phone conference and we are planning the Summer Fling ( Spring fling) that Yuba club hosts every year and the SW District meeting which we had to cancel last year because of Covid 19. Both meetings will be held at the UW campus since they have a large building they are offering to us to use. We will be following all CDC guidelines and are making arrangements to have a breakfast and box lunches you can purchase. We have some fantastic crafts planned like making a rose out of a napkin and they are beautiful.

Our mask project has come to a halt for now and the HCE mask program gave away 9,126 masks so far. A special thank you for all who contributed in this effort to mask our neighbors and friends. I received a thank you letter from Richland School district for the masks supplied for the kids and teachers.

Some of our homemakers are crocheting newborn baby caps for the maternity ward and some have made scarves, mittens and hats for Passages a woman's and kids shelter we support. We still were able to make drawstring bags and fill them with personal items such as combs, toothbrushes, toothpaste, deodorant etc. and gave them to Passages the woman's shelter in December.

Our grandparents reading program where we buy books and volunteers read to elementary school children came to a halt during pandemic. But we did send the books to the schools for the teachers to read until it is safe to start reading again. We also made videos of readers for the schools. If you are interested in volunteering please contact me.

Unfortunately, we have lost a few members throughout our organization. And when we start up with meetings in person again, I encourage all of you to bring a friend so they can see in person what we do for our community and the fun we have when we get together. If you need me to come to one of your meetings to meet or talk to your clubs I am always available, just let me know when you start meetings again.

The HCE state conference is a go this year in September so far. The judging for the cultural arts show will be held July 13 at the UW annex building in Richland Center, WI. Any questions on the cultural arts show, contact your club president. The judging will start at 10 a.m. If you need help transporting your entries, let me or Kathy Fanta know, otherwise you can drop off entries between 8:30-9:30 a.m. and picked up at 12:30 p.m. at the Extension Office, 1000 Highway 14 West, Richland Center, WI.

Because of Covid we are limited on how many we can have in the building so we will have several people in the building who will set up your items and make sure you get them back after judging. If you need help please call me. I will transport your entries for you. My number is home (608)528-4334 or cell (608)547-7254.

Let me leave you with this quote "Every day may not be good but there is something good in every day!"

*Yvonne Chapman*

Your Richland County HCE President  
Yvonne Chapman

Happy Summer HCE Members,

I hope that all of you are doing well and enjoying the start of Spring and Summer 2021. It has certainly been a challenging year for everyone.

If you had a loss of a loved one over the past year, or other setback, know that all of us are thinking of you. In my life, I've tried to enjoy "the little things" including being home more and spending A LOT of time with my children.

In Extension, some of the things I have been working on include offering online education for Parents, Caregivers, and professionals on financial education and healthy relationships across the lifespan.

I also continue my work with coalitions of community members who want to ensure the wellbeing of families, bring more childcare into our community, and facilitate a healthy recovery from the COVID-19 pandemic. Reminder that all residents age 16 and over are eligible to receive the COVID-19 vaccination, and can schedule appointments locally at <https://www.richlandhospital.com/covid19/>

I am looking forward to starting to see more of you in person, with some special events planned for this Summer.

Take care & stay safe.

*Chelsea Wunnicke*

All my best,  
Chelsea Wunnicke  
Richland County Family Living Agent





## HCE Executive Board Meeting October 14, 2020

Present included at the Zoom meeting arranged by Chelsea included: President, Yvonne Chapman, Kathy Fanta, F.L.A. Chelsea Wunnicke, Cecile Haugh, and Eileen Eberle.

The Richland County HCE Executive Board met Tuesday, October 14, 2020 at a Zoom meeting at 10:00 a.m. for the October Executive H.C.E. Board meeting. The meeting was called to order by President, Yvonne Chapman.

The Homemaker's Creed and the Flag Pledge were dispensed. The business meeting was called to order by President Yvonne Chapman. Roll call taken.

The September minutes were dispensed as they were published in the Fall and Winter Homemaker Herald. Motion to approve as presented was made by Yvonne Chapman, 2<sup>nd</sup>, and carried. The treasurer's report was presented by Cecile Haugh, treasurer, and approved as given, and filed.

The November Executive Board meeting will be set by Chelsea Wunnicke, our Family Living Agent.

The Reading Grandparent's Program is continuing at the Richland and Riverdale School districts. Any members who want to be readers, please call Eileen at 583-5544. This is along with Delta Kappa Gamma. Diane Dalberg is joining our readers of Kathy Fanta, Michelle Nolen-Karris, Yvonne Chapman, and Eileen Eberle as readers at Lincoln School for K/4 students. Books have been ordered and readers are to get in touch with the office of when they can read and tape the reading. Due to the virus, we are not going into the schools this year.

Members gave updates of their club activities. Clubs are teaching skills of parents to others, making blankets and caps for babies at the hospital, making masks, and helping much in our communities.

The Yuba H.C.E. members have made at this time 7,920 masks for area schools, hospitals, nursing homes, neighbors, etc. They sew and distribute these each week. Some were sold to raise the funds for our scholarship this year. They also sold some to raise funds to help provide supplies for the cloth sacks we fill each year for Passages. They are also making mittens for area schools. Richland Schools sent us a letter of thanks and said they valued the masks they got at \$3,200.00 and they were very grateful to get these masks.

The County Liners H.C.E. are making blankets for the Richland Hospital nursery and working on Passages bags. We are making scarves and hats for Passages. Our overseas projects in Nicaragua and Haiti have been put on hold on account of the virus.

We may be small in numbers in Richland County, but we are mighty in volunteer work and doing community projects. Thanks tons.

Richland County is hosting the Southwest District HCE meeting in the spring. We are planning an apron style show, a craft activity, lunch, district meeting, and more. Our F.L.A. has been busy with Parent Inclusion Programs, Covid-19 programs, and much more in our community.

Election of officers for the next 2 years was determined. Cecile has asked to not be considered as treasurer as she has done this for 15

years and feels someone else needs to take this position. She has done an excellent job and will be greatly missed. Dawn Hanson has agreed to take this position as of January 1<sup>st</sup> 2021.

Richland County needs to fill out the County Organizational Sheet and get copies to the county and District Director by November 20th. Yvonne has been writing some grants for funds for our reading program.

Photo release forms need to be signed by all members and Kathy Fanta is working with this. Cecile Haugh is heading up the Passages bag project and if you have supplies for these please get to Cecile or the office by November 1<sup>st</sup>. She has the cloth bags and needs the supplies to fill these.

Yvonne read a letter concerning the danger of the flu this season and all were advised to get the right flu shots now.

The Herald included articles of our members Charlotte Page and Bonnie Clift, who had passed, and these were excellently done. These articles were forwarded to the State Homemaker's paper "Update" for publication in the state paper. Also pictures of the apron show years ago and this was great.

We asked that all use our voting rights and vote in the November 3<sup>rd</sup> Presidential election.

With a motion from President, Yvonne Chapman the meeting was adjourned at 10:45 a.m.

Sincerely submitted by  
Secretary Eileen Eberle

## HCE Executive Board Meeting November 17, 2020

Present at the ZOOM meeting included: President Yvonne Chapman, Cecile Haugh, Kathy Fanta, F.L.A. Chelsea Wunnicke, and Eileen Eberle.

The Richland County HCE Executive Board met Tuesday, November 17, 2020 at 11:00 a.m. by a Zoom meeting due to the virus with the meeting called to order by President, Yvonne Chapman.

The October minutes were highlighted by Eileen Eberle, Secretary with a motion to accept as presented by Yvonne Chapman, 2<sup>nd</sup>, and carried.

The treasurer's report was presented by Cecile Haugh, approved by Kathy Fanta, 2<sup>nd</sup>, and carried. Cecile mentioned if we wanted to help Badger Camp this year. A vote was taken and a donation of \$50.00 was approved for Badger Camp.

We are planning on making cloth emergency gift bags for Passages and supplies were to be gotten to the office or Cecile and she will put these together and deliver these to Passages. Such items for emergency overnight items could include: toothbrushes, toothpaste, combs, wash cloths, deodorant, shampoo, conditioner, packages of tissue, tampons, etc. Some members are making hats, gloves, and scarves for Passages.

The Yuba HCE are making mittens for youth of our area. The fleece fabric was donated by club members. The County Liners HCE is making blankets for babies at the Richland Hospital and new born hats.





The Reading Grandparent's Program is continuing at the Richland and Riverdale School districts. Any members who want to be readers, please call Eileen at 583-5544. This is along with Delta Kappa Gamma. Eileen sent for the books, put in the labels for the 2 organizations and saw that the packets of books are at Lincoln School. She is getting readers and they will read on Zoom and record for use at Lincoln. Chelsea is assisting with this as is Sharon Storms, President of Delta Kappa Gamma.

Kathy Fanta has taken the position of photographer for the Executive Board activities in Richland County. The board sang Happy Birthday to Eileen who turned 90 on the 17<sup>th</sup> of November and Yvonne delivered a pie, gifts, and cards to Eileen at her home in Bear Valley. Special thanks to all and accomplishing this at this time.

Scholarship applications will be due in April 2021. New rules were discussed and are for all Richland County residents and those with H.C.E. family members living in other counties in Wisconsin.

The county H.C.E. board sent in an application for funds to help our reading program, but we haven't heard back concerning this at this time.

Yvonne Chapman was nominated to be President the next year. Cecile Haugh was nominated to be the Community Outreach Chairman. Diane Dalberg was nominated for Historian and Cultural Arts. The Treasurer is Dawn Hanson as of January 1, 2021. Eileen Eberle is the Secretary and Program Coordinator. Kathy Fanta is the International Chairman and Photographer. Ann Cunningham is the Membership Chairman. We are so grateful to Cecile Haugh for her excellent job these past years as treasurer, and she will be sorely missed, but she has declined to run again as the treasurer.

Our F.L.A. Chelsea Wunnicke is busy working from home in this epidemic keeping all informed and assisting in many new ways of doing our activities. We are so proud of you.

For the holidays, we would like each member to "pass it forward", by doing some kind thing for another person or group. We are so blessed and able to do good in our communities, that we should share these blessings. Thanks.

President Yvonne Chapman related that the 2021 State Conference is being planned for September 21<sup>st</sup> and 22<sup>nd</sup>. The theme is "Reaching for the STARS" and will be in Stevens Point. More on this later.

The Yuba Club makers of MASKs for this epidemic are up to 8,270 masks made for area hospitals, schools, nursing homes, etc. Hats off to them as this is GREAT!!!!

The next meeting will be set on Zoom. Motion to adjourn was made by President Yvonne Chapman and she adjourned the meeting at 12:10 p.m.

Sincerely submitted by  
Secretary Eileen Eberle

**HCE Executive Board Meeting  
December 8, 2020**

Present at the December 8, 2020 Zoom meeting of the H.C.E.  
Executive Board meeting included: Yvonne Chapman, President;  
Chelsea Wunnicke, F.L.A.; Cecile Haugh, Treasurer; Kathy Fanta

International Chair and Photographer; and Eileen Eberle, Secretary.

The Richland County H.C.E. Executive Board held their regular monthly meeting by ZOOM December 8, 2020 at 10:00 a.m. with the meeting called to order by President Yvonne Chapman.

Secretary Eileen Eberle highlighted the November minutes with a motion to accept this from Yvonne. Treasurer Cecile Haugh presented the treasures report and stated we had contributed funds to Badger Camp. She is taking in the Pennies for Friendship and wants to send these to state. Clubs are to get these funds to Cecile.

40 cloth bags were filled for Passages with overnight supplies from supplies collected by members and a donation from masks made and sold by members. 3 sets of hats and scarves were also taken to Passages that were made by members from yarn donated by Yvonne. We will be filling more of these bags so please keep saving supplies and get them to Cecile. We will be making approximately 80 of these Passages bags.

20 pairs of mittens were made by members and donated to the Hillsboro schools. 20 pairs of mittens were also made and donated by members to Passages.

Our F.L.A. requested masks that are being made by our members, if some could be given to the homeless and masks are being given to Chelsea so she can get these into the line for homeless people in our area. The homeless count will be January 27<sup>th</sup> and they will be offered some of the Passages cloth bags specially for them.

As of the date the Hillsboro group of H.C.E. members have made and delivered 9013 cloth masks to protect people during this pandemic and they are to be commended on this. Many, many lives protected through these valiant efforts.

Anyone knitting or crocheting is asked to make some hats and scarves for Passages or the schools.

The program books for 2021 are being put together, re-enrollments need to be done and dues paid for 2021. Cards will be mailed from the office due to the virus.

Kathy Fanta is in charge of our scholarship program and we have a scholarship already financed by the sale of masks that were made on the amount of \$300.00. Kathy will get the information out to the schools in the spring.

Our F.L.A. is busy with youth and farmer protection programs, among other activities keeping all going and positive during our time of the virus doing so much harm. We also thank her for setting up our meetings and helping us get started in reading to the k/4 rooms in Richland Center, when we get the recordings done by Zoom. This will be after the holidays and when the schools are more onto a routine.

The Grandparent's Reading Program will have readers read from their homes, record the reading on Zoom and have it available at the schools when the teachers wish to use the recordings. Packets of books have been given to the classrooms of K/4 for the spring of 2021 at Lincoln School from Richland County H.C.E. and Lambda Chapter of D.K.G.

Sincerely submitted by  
Secretary Eileen Eberle





## **HCE Executive Board Meeting January 12, 2021**

Present at the ZOOM meeting included: Yvonne Chapman , Kathy Fanta, FLA Chelsea Wunnicke, Cecile Haugh, Diane Dalberg, Dawn Hanson, and Eileen Eberle.

The Richland County HCE Executive Board met Tuesday January 12, 2021 by ZOOM meeting at 10:00 a.m. for the January Board meeting. The meeting was called to order by President, Yvonne Chapman.

The December minutes were read by Secretary Eileen Eberle. Motion to approve as presented was made by Yvonne Chapman, 2<sup>nd</sup>, and carried. The treasurer's report was presented by Cecile Haugh and approved as given, and filed. Cecile also had the audit sheet for 2020 and will mail these to the presidents of the clubs. Both were excellent reports.

The February 2021 meeting will be February 9th, 2021 by a ZOOM meeting due to the virus problem at 10:00 a.m.

The Reading Grandparent's Program is continuing at the Richland and Riverdale School districts. Any members who want to be readers can do so by Zoom. This is along with Delta Kappa Gamma.

Members gave updates of their club activities. Much being done for our communities. The Yuba Club is giving mittens for area schools. County Liners made baby blankets for the Richland Hospital. Five Points Club made many of the bags for Passages. The Yuba club has made 9025 masks to protect others from the virus. Some are being gotten to the homeless, the area schools, nursing homes, and others requesting them. Others doing good deeds.

The membership enrollment cards were distributed by mail to the members for 2021. Cost to belong to HCE for a year is \$10.00.

The Program Books for 2021 were put together after the dates for 2021 were confirmed and other information set. These will be mailed to the members.

The Family Living Agent for Richland County is busy with programs including P.O.O.L programs available at the office. Also, she is doing some very good farmer programs in January, February, and March. The farmers are facing hard times with the world trade programs and need to know of help that is available.

The Get Real program and the Garden Club Expo are on hold at this time.

Richland County hopes to put up a county display at the 2021 State Conference as we are doing some great activities in our communities. Please save pictures and news items of your activities and get these to Cecile Haugh. This conference is in September.

Shirley Steinhorst of Baraboo is our Southwest district director for Wisconsin HCE and we will be have the District meeting in Richland County in 2021. Time, date, and place to be set, possibly in July and outdoors. We will need our members to model aprons. We will be doing a craft of making flowers. More on this later.

Clubs are to get their financial sheets for 2020 to Cecile so she has them for the state reports. There is a new treasurer on the Richland County H.C.E. Executive Board. She is Dawn Hanson of the

Yuba Club, and she will take over her duties next month. We extend our most heartfelt thanks and appreciation to the years of service by Cecile Haugh and all she has done for the success of our county organization over the past 15 years of service as the County Treasurer. When we are able to meet as a group, we will have a potluck dinner and meeting in honor of Cecile and her service to Richland HCE.

Club presidents are asked to get letters and information out to their members on what is going on currently in the county in the organization.

Our sincere condolences to the Five Points Gals on their loss of a member Charlene Standish this month.

There was a motion to adjourn at 11:10 a.m. and President Yvonne Chapman adjourned the meeting.

Sincerely submitted by  
Secretary Eileen Eberle



## **HCE Executive Board Meeting February 9, 2021**

Present included: President Yvonne Chapman, Chelsea Wunnicke FLA; Kathy Fanta, Diane Dalberg, Cecile Haugh, Dawn Hanson, and Eileen Eberle.

The Richland County H.C.E. Executive Board met Tuesday, February 9, 2021 at 10:00 a.m. by a Zoom meeting with the meeting called to order by President, Yvonne Chapman.

The January 12th minutes were reviewed and a motion to accept as presented by Yvonne, 2<sup>nd</sup>, and carried. The treasurer's report was presented by Yvonne, approved as given, and filed. Dawn Hanson, new treasurer gave a report on the finances and will have more next month. (Her animals were lambing and she had to go to them, due to the extreme cold.)

The 2021 membership was updated and we currently have 48 members.

The H.C.E. Southwest District Spring meeting will be set for July or August and Richland County will be hosting. We will have an apron show and if any homemaker has an apron they want to wear in the show, please let us know. We will need Richland members of HCE to model aprons. The registration sheet will be in this Herald. Please sign up for this. We are doing a craft, having an apron show, and a district meeting in afternoon. Door prizes of 8 centerpieces of wreaths and 3 aprons. A fun day.

The Reading Grandparent's Program is continuing at the Richland and Riverdale School districts. We are providing the books and some are reading and recording reading virtually and the school will use these this year. This is along with Delta Kappa Gamma.

Our FLA, Chelsea Wunnicke, spoke on her planned activities in the county. She is very busy planning and initiating programs during this time of the virus.

The Cultural Arts Show for Richland County H.C.E. will be in July. Entry forms will be in the Herald. Cecile to find out if Kathy Granger will judge our entries. Clubs to find out about their entries and this judging will be done at a gathering. No food can be served. Diane to get the entry blanks to the state and registrations.



The F.L.A. Chelsea Wunnicke announced she is continuing "Parenting" classes in the county, doing a program "Planning







# In Memoriam

Charlene J. Standish, 84, of Richland Center passed away on Monday, January 11, 2021 at Harvest Guest Home from complications of COVID-19. She was born on August 2, 1936 to Gerald and Cleo (Lisney) Standish.

Charlene's first loves were family, friends, and church. She was a lifelong member of Five Points Lutheran Church and always participated in all the activities, but most importantly the annual Lutefisk Dinner.

Charlene started her teaching career in a one room schoolhouse with five children and then went to Akan Central for a short time. She then went to Lodi and taught at Lodi Elementary School where she stayed until she retired.

She loved to travel. Of her many travels some of her favorites were Alaska, Hawaii, and Ireland. She was always on the go!! No one loved a good estate sale more than Charlene!

Charlene is survived by her brother Ron (Dorothy) Standish and their daughter Tammy; sister-in-law Tina Standish and her children: Jeff (friend Teri), Julie Block (fiancé Jim), Jason (fiancée Kristina); great-nephews: Justin, Jacob, Joshua Block; uncle Carroll Lisney; many other relatives and friends.

Charlene was preceded in death by her parents and brother Larry. Charlene's family would like to thank Dr. Richardson, the staff of the Richland Hospital, Harvest Guest Home, St. Croix Hospice, and Pastor Larry for their outstanding care and compassion during her illness. We would also like to thank the many family and friends for their cards, phone calls, and well wishes.

It is fitting to end this as Charlene would say, 'See you in the funny papers!'

## "Bow Tie" Pasta Salad

Recipe from Eileen Eberle

### Ingredients:

- 1 box Bow Tie Pasta
- 1/2 cup red sweet pepper- chopped
- 1/2 cup cheese - chopped
- 1/2 cup celery - chopped
- 1/2 cup green sweet pepper - chopped
- 1/2 cup meat: can be pork, beef, or ham, etc - chopped

### The dressing:

- 1/2 cup vinegar
- 1 cup sugar
- 1 cup sour cream
- 1 cup Miracle Whip

### Directions:

Cook entire box of Pasta for 15 minutes. Drain and cool.  
Heat vinegar and sugar until sugar crystals melt. Cool  
Into the cooled sugar/ vinegar mixture add the sour cream & miracle whip.  
Place the chopped ingredients in with the pasta.  
Add the dressing.

Enjoy for days!

## Richland County HCE Cultural Arts

The following pages have the information on the Cultural Arts Categories and the Bonus Category.

Due to the health restrictions and wanting to minimize any risk of COVID, this year the Cultural Arts program on the county level is being conducted differently.

### **\*\*IMPORTANT\*\***

All entries are to be dropped off at the Richland County Extension Office for judging on July 13, 2021.

Entries acceptance starts: 8:30 a.m.

Judging starts: 10:00 a.m.

Entries are to be picked up: 12:30 p.m.

All entries should be picked up the same day.

# Wisconsin Association for Home & Community Education, Inc.

## Cultural Arts Show & Contest – 2021 Categories



### 1. Painting/Drawing

*Framed or Wrapped.  
Easels must have securely  
taped label with name,  
county, and district.*

- A. Oil
- B. Acrylic
- C. Watercolor
- D. Alcohol Ink
- E. Other

### 2. Photography

*Photograph must be 8" x  
10", unmounted only, in 8½" x  
11" plastic. Framed  
photographs will be  
disqualified.*

- A. Color–Landscape
- B. Color– Waterscape
- C. Color – Plants
- D. Color – Animals/  
Creatures
- E. Color – People
- F. Color – Skyscape
- G. Black & white/sepia
- H. Other

### 3. Sewing

- A. Children's Wear
- B. Adult Wear
- C. Original Design
- D. Wearable Art
- E. Useful Item
- F. Purse or Tote
- G. Pillow
- H. Item made from  
recycled materials
- I. Wearable Accessory  
(apron, scarf, hat,  
etc.)
- J. Other

### 4. Knitting

- A. Wearable Item
- B. Accessory (i.e., hat,  
scarf, mittens)
- C. Afghan
- D. Other

### 5. Crocheting

- A. Wearable Item
- B. Accessory (i.e., hat,  
scarf, mittens)
- C. Doily/Dresser Scarf
- D. Afghan
- E. Other

### 6. Hand Stitching

- A. Plastic Canvas
- B. Embroidery
- C. Cross Stitch
- D. Other

### 7. Craft

*Six (6) Cards without  
envelopes MUST be  
mounted as a group on a  
flat sturdy display board  
no larger than 14" x 22".*

- A. Cards–paper only-6
- B. Cards–mixed  
media-6
- C. Scrapbooking
- D. Craft made from  
recycled materials
- E. Handcrafted  
doll/toy
- F. Glass craft
- G. Other

### 8. Heritage Skill

- A. Hardanger
- B. Tatting
- C. Woodworking
- D. Basketry
- E. Spinning/Weaving
- F. Felting
- G. Swedish Weaving
- H. Rug Making
- I. Macramé
- J. Quilling
- K. Other

### 9. Bed Quilt

*Larger than 60" x 80" or  
4,800 sq inches*

- A. Tied
- B. Hand quilted

*Machine Quilted by You:*

- C. Pieced
- D. Appliqued
- E. Embroidered

*Machine Quilted*

*Professionally:*

- F. Pieced
- G. Appliqued
- H. Embroidered
- I. Any other Bed Quilt

### 10. Lap/Baby Quilt

*Smaller than 60" x 80" or  
4,800 sq. inches*

- A. Tied
  - B. Hand-quilted
  - C. Pieced
  - D. Appliqued
  - E. Embroidered
- Machine Quilted By You*
- F. Pieced
  - G. Appliqued
  - H. Embroidered
  - I. Any other lap quilt

### 11. Quilted Wall

*Hanging (with hanging  
sleeve, NO frame) -- One  
(1) item only; no longer  
than 50 inches*

- A. Hand Quilted,  
fabric
- B. Machine Quilted,  
fabric
- C. Other i.e., collage  
of assembled  
materials or mixed  
media

### 12. Quilted Table Topper/Runner

- A. Hand Quilted
- B. Machine Quilted
- C. Other

### 13. Jewelry

- A. Bracelet
- B. Necklace
- C. Set
- D. Other

### 14. Constructed Original Item

- A. Clay/Pottery
- B. Wood
- C. Fabric/Felt
- D. Other

### 15. Painted Object

- A. China
- B. Glass
- C. Fabric
- D. Wood
- E. Ceramic/Kiln Fired
- F. Other

### Poem, Non-Fiction, Fiction

*Two copies typed on plain  
paper with 12 point font,  
must accompany the  
registration forms. Entries  
must not be framed or in  
book form. Staple a cover  
sheet with the category/title  
which is to be centered on  
the entry. Name and  
county should appear on  
the back side. Do not  
count "a", "an", and "the"  
for either essays or short  
stories.*

### 16. Poem

### 17. Non-Fiction

*Original, 1 topic; 250-500  
words*

### 18. Fiction

*Original with beginning,  
middle and end, 3,000  
words or less*

### 19. Original Published Book

*One copy must accompany  
entry.*

### 20. Bonus Category – "Reach for the STARS with HCE", the Fun

*Category. Limit of one  
entry per county. Use your  
imagination. You may use  
any media to construct  
your entry.*

*Size restriction - base no  
larger than 10"x10" with  
maximum height of 20".  
Judging - those attending  
will vote for their favorite  
"Reach for the STARS with  
HCE" entry. **Have fun!***

**STATE  
REGISTRATIONS  
DUE BY:  
AUGUST 1, 2021**



**Wisconsin Association for Home & Community Education, Inc.**  
**Cultural & Textile Arts Show**  
**2021 Guidelines for County Chairs**



**ALL items, including Bonus Category, must be pre-registered. Registration is due August 1, 2021.** Any items NOT pre-registered will NOT be judged or displayed. Only one entry on each registration form. Send all forms together immediately after county show including written entries. A County may enter a total of 12 entries plus one Bonus Category 20. A county cannot have duplicate entries in any lettered sub-category. The County Cultural Arts Chair must include a self-addressed postcard or email address to verify receipt of registration forms. If you do not receive verification within three weeks, please call or email the WAHCE Cultural Arts Chair.

**IMPORTANT: All entrants MUST sign the Registration form.** Please read and sign below; entries will NOT be accepted if unsigned. Entrants will not hold WAHCE responsible for any loss or damage to any item submitted for use in the WAHCE Cultural Arts Show. Entrants give permission for their photo, photos of their entry, and/or print copies of their written entry to be used by WAHCE as seen fit.

All work must be done by entrant and completed after last year's county show. It must receive a first place at this year's county show or fair. All items must be clean or laundered or will be disqualified by the judge. Kits and patterns may be used as long as entrant does all the work. All easels must have securely taped label with name, county and district.

**Color Coding of Registration Forms by Districts:**

Central – White  
Southeast – Green

Northeast – Yellow  
Southwest – Orange

Northwest – Light Blue  
West – Pink

**Entry Day:** Deliver items Sunday (9/19/21) from 7-9pm or Monday (9/20/21) 9-11:30 am. Judging will begin at 12:30PM. Members may view the show after the Monday evening activity until 10:30pm and during the day Tuesday, September 21, 2021. Hours on Tuesday for viewing will be announced or posted. Pickup times will be posted.

Send registration and written entries to: **Phoebe Shourds, Cultural Arts Chairperson**  
401 State Hwy 65, River Falls, WI 54022  
Email: [pnspaulson@yahoo.com](mailto:pnspaulson@yahoo.com) 715-821-1606 (c)

Contact Phoebe with any cultural arts questions.

Cut on the dotted line and send in the **SIGNED** completed Registration Form and Claim Check **with both parts filled out**. You will receive your Claim Check when you bring in the items.

---

**2021 Registration Form**

Category/Class (example 2D) \_\_\_\_\_  
County \_\_\_\_\_ District \_\_\_\_\_  
Name (print) \_\_\_\_\_  
Address \_\_\_\_\_  
City/Zip \_\_\_\_\_  
E-mail \_\_\_\_\_  
Phone # \_\_\_\_\_  
Title or Description \_\_\_\_\_  
Are you bringing an easel? Y or N \_\_\_\_\_

**2021 Claim Check**

Category/Class (example 2D) \_\_\_\_\_  
County \_\_\_\_\_ District \_\_\_\_\_  
Name (print) \_\_\_\_\_  
Address \_\_\_\_\_  
City/Zip \_\_\_\_\_  
E-mail \_\_\_\_\_  
Phone # \_\_\_\_\_  
Title or Description \_\_\_\_\_  
Are you bringing an easel? Y or N \_\_\_\_\_

Peoples' Choice # (Official use only) \_\_\_\_\_

**Please read and sign:** Entries will NOT be accepted if unsigned. Entrant will not hold WAHCE responsible for any loss or damage to any item submitted for use in the WAHCE Cultural Arts Show. Entrant gives permission for their photo, photos of their entry, and/or print copies of their written entry to be used by WAHCE as seen fit.

Signature: \_\_\_\_\_ County \_\_\_\_\_ Date: \_\_\_\_\_

## 2021 WAHCE Conference Registration Information

September 20 – 22, 2021

### Holiday Inn Hotel and Conference Center

1001 Amber Ave. Stevens Point, Wisconsin



Make check payable to: WAHCE, Inc.

Mail with registration form to:

Darlene Schumacher, Conference Registrar

2531 Golf Course Road, Wisconsin Rapids, WI 54494

Phone: 715-424-2851 Email: [darleneschumacher41@gmail.com](mailto:darleneschumacher41@gmail.com)

- Registration, tour and meal fees are transferable, but not refundable.
- WAHCE reserves the right to alter or cancel a class as necessary.
- Any Covid restrictions at meals, tours, conference will be followed.
- There is a \$50 late fee after August 13.
- Extension Educators/Advisors and County HCE Presidents are not required to pay the registration fee.

### Registration Deadline: August 13, 2021

**Registration Hours:** Sunday, September 19 .....2:00 pm – 6:00 pm

Monday, September 20.....8:30 am – 5:00 pm

Tuesday or Wednesday, September 21 or 22.....7:00 am – 8:30 am

**Tours:** Three bus tours are scheduled as well as two on-site workshops. Please indicate your first (1), second (2) or third (3) choice. It is important that you indicate your tour preference choices. The minimum required for Bus Tour 1 is 40; Bus Tour 2 or 3 minimum is 25. If your first choice is cancelled, you will automatically be given your second choice. Include the tour fee for your first choice with your registration. If you need special bus accommodations, please indicate that on your registration form.

**Cultural Arts:** Items may be brought in Sunday (9/19) from 6:30 – 8:00 pm or Monday (9/20) from 8:00 am – 11:00 am. Judging will begin at 1:00 pm on Monday.

**Business Meeting:** President Donna Zarovy will preside at the WAHCE, Inc., Annual Business Meeting which is open to all conference attendees. Voting delegates (County Presidents and WAHCE Board members) are required to attend. All voting delegates will sit in assigned seating. This meeting begins at 8:00 am, (9/21).

**Workshops:** Indicate your first (1), second (2), third (3), fourth (4), and fifth (5) choice in each time period. Second, third, fourth and fifth choices are needed in case your first choice is filled. Omitting the second, third, fourth and fifth choice will not insure placement in your first choice.

**Education Program Workshops:** *Program #1 – “Making Physical Activity Fun!”* (September 21, 3:30 – 4:45 pm) and *Program #2 “Healthy Aging – Improving Health Through Self-Advocacy”* (September 22, 10:30 – 11:45 am). Every county should have their Vice President of Program or Vice President of Family and Community Life (or another county representative) attend these sessions. All are welcome.

**Meals:** The cost of the meal package is \$125.00 (includes gratuity) and includes Monday night dinner, Tuesday breakfast, lunch and dinner, and Wednesday breakfast and lunch. Due to health restrictions, all meals will be served. Please indicate any special meal requirements on the registration form.

**Room Reservations:** Call the conference hotel: Holiday Inn, Stevens Point at (715) 344-0200, press #3 for Room Reservations. The Room Block is “WI ASSN FOR HOME AND COMMUNITY EDUCATION”. The Group Code is WHC. The room rate is \$99.00 for a standard room (2 queen beds or 1 king bed plus pullout sleeper sofa). You will be asked for a credit card to hold your reservation. Our room block will be released on August 20. Check in time is 3 pm – check out time is noon.

**Wisconsin Sales Tax Exemption:** Unless you are being reimbursed by your county HCE organization, you will be charged sales tax. Please ask your County President for the letter required by the hotel.

**Conference Chair:** Betty Kastenschmidt

E-mail: [bettykas@yahoo.com](mailto:bettykas@yahoo.com)

**Co-Chair:** Marilyn Herman

E-mail: [mjherman661@gmail.com](mailto:mjherman661@gmail.com)





## 2021 WAHCE State Conference Menu

All Meals Plated, No Buffets

- Special Diet Accommodation at all Meals\*\*

### Monday, September 20, 2021

#### **Dinner Banquet:**

Lasagna  
Garden salad with dressing  
Vegetable  
Fresh baked rolls with butter  
Beverages (regular and decaf coffee, tea or 2% milk)  
Homemade cookie

### Tuesday, September 21, 2021

#### **Breakfast:**

All American  
Fluffy scrambled eggs with applewood smoked bacon or sausage  
Home style potatoes  
Fresh pastry and butter  
Beverages (fresh orange juice, regular and decaf coffee, hot tea or 2% milk)

#### **Lunch:**

California Turkey Sandwich  
Roasted turkey, tomato, provolone and baby greens on wheat bread  
Seasonal fresh fruit  
Choice of coleslaw, potato salad or kettle chips  
Beverages (regular and decaf coffee, tea or 2% milk)  
Homemade cookie

#### **Dinner:**

Chicken Saltimbocca  
Breast of Chicken stuffed with sliced Prosciutto  
Ham, wrapped around a blend of sage, rosemary and garlic puree with Swiss cheese, topped with parmesan and Italian herbs  
Green salad and dressing  
Fresh vegetable  
Rice  
Fresh baked rolls with butter  
Apple pie  
Beverages (regular and decaf coffee, tea or 2% milk)

### Wednesday, September 22, 2021

#### **Breakfast:**

Morning Starter  
Scrambled egg croissant sandwich  
Applewood smoked bacon or sausage  
Skillet brown potatoes  
Fresh pastry and butter  
Beverages (fresh orange juice, regular and decaf coffee, hot tea or 2% milk)

#### **Lunch:**

Raspberry Chicken Salad  
Crisp mixed greens tossed in raspberry vinaigrette, served with grilled chicken, fresh mango, sliced strawberries, candied pecans, feta cheese  
Fresh baked rolls and butter  
Beverages (regular and decaf coffee, tea or 2% milk)  
Homemade cookie

The total meal package cost is \$125.00. You may purchase individual meals if you would like.

\*\*For those with special dietary needs, be sure to list them on the Registration Form or attach a note what those needs are.

<b>Total Meal Package (6 meals)</b>	<b>\$125.00</b>
Monday Evening Banquet	\$30.00
Tuesday Breakfast	\$15.00
Tuesday Lunch	\$25.00
Tuesday Banquet	\$35.00
Wednesday Breakfast	\$15.00
Wednesday Lunch	\$25.00





# 2021 WAHCE Conference Registration

## “REACH FOR THE STARS WITH WAHCE” -- September 20-22, 2021

### Holiday Inn, 1001 Amber Avenue, Stevens Point, WI 54481



Name: \_\_\_\_\_ Attach Mailing Label here →

County: \_\_\_\_\_ District: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Telephone (including area code): \_\_\_\_\_ E-mail address: \_\_\_\_\_

Officer or Committee Chair (circle one) State District County Specific Office held: \_\_\_\_\_

First Time Attendee? ☐ Yes ☐ No Special Dietary Needs: \_\_\_\_\_

Emergency Contact: Name \_\_\_\_\_ Phone #: \_\_\_\_\_

I grant the WAHCE, the right to use, publish, and copyright my image for educational programs and publications, web sites and promotion of the WAHCE programs. PLEASE SIGN: \_\_\_\_\_

Make check payable to **WAHCE, Inc.** and mail with registration form to Conference Registrar:  
 Darlene Schumacher, 2531 Golf Course Road, Wisconsin Rapids, WI 54494. Phone 715-424-2851  
 E-mail: [darleneschumacher41@gmail.com](mailto:darleneschumacher41@gmail.com). **Registration Deadline: August 13, 2021**

## Workshops & Tours: Please number each section in order of preference 1, 2, 3, 4, 5, 6

### September 20<sup>th</sup>, Monday Tours Noon to 5 PM

- ☐ #1 Chain O Lakes Boat Cruise \$45.00
- ☐ #2 King Veteran's Home \$40.00
- ☐ #3 UWSP Planetarium, Wisconsin/Nicaragua  
Headquarters and Warehouse Tour \$30.00
- ☐ #4 On-Site Make a Mosaic Stained Glass Tile \$25.00
- ☐ #5 On-Site Moravian Paper Stars \$15.00
- ☐ \_\_\_\_\_ Need handicap access on bus

### September 21<sup>st</sup>, Tuesday

#### Workshops Session #1: 8:30 – 9:45 AM

- ☐ 101 WAHCE Annual Business Meeting (**Note: 8:00 Start**)
- ☐ 102 The Power of Wisconsin Potatoes
- ☐ 103 Putting the Wonder Back in Wonderful: The Value of the  
Arts in a Well-Lived Life
- ☐ 104 From Sheep to Shawl
- ☐ 105 Needle Felting: Pumpkin
- ☐ 106 Aldo Leopold Sand Country Almanac in a Quilt

#### Workshop Session #2: 10:15 – 11:30 AM

- ☐ 201 Beaded Necklace (\$10 – paid to instructor)
- ☐ 202 Where in the World is Dorothy?
- ☐ 203 Wisconsin Bookworms
- ☐ 204 Shine a Light on that Mountain of Clutter
- ☐ 205 Heroic Women Homesteaders
- ☐ 206 The Life and Times of Louisa May Alcott

**“Mingle” time from lunch ‘til 3:30 pm**

#### Workshop Session #3: 3:30 – 4:45 PM

- ☐ 301 Educational Program #1 – Making Physical Activity Fun!
- ☐ 302 Fashions Through the Decades
- ☐ 303 Danish Hygge – Creating Comfort and Coziness
- ☐ 304 “P is for Pterodactyl” a Humorous Look at Spelling
- ☐ 305 Folk Music and the Search for a Better World
- ☐ 306 Glacier History of Wisconsin

### September 22<sup>nd</sup>, Wednesday

#### Workshop Session #4: 8:30 – 9:45 AM

- ☐ 401 Eat, Sleep, Move: The 50+ Immune System
- ☐ 402 International Workshop “Protect Our Pollinators”
- ☐ 403 Treasurer’s Workshop
- ☐ 404 Let’s Dance on Broadway!
- ☐ 405 Birding By Ear
- ☐ 406 Gardening In A Bottle

#### Workshop Session #5: 10:30 – 11:45 AM

- ☐ 501 Educational Program #2 – Healthy Aging – Improving  
Health Through Self-Advocacy
- ☐ 502 Wisconsin/Nicaragua – Partners Make a Difference
- ☐ 503 Cultural Arts Discussion – Issues/Improvements/Ideas
- ☐ 504 From Earth to the Universe - Birthplace of the Stars
- ☐ 505 Let’s Talk Bees and REAL Honey
- ☐ 506 History Comes Alive: Stories of King Veterans Home

#### **Full Registration Fees:**

WAHCE Member or spouse	\$50.00	\$ _____
Non-member	\$60.00	\$ _____
Extension or County HCE President	No cost	\$ <u>FREE</u>
<b>Late Fee (sent after August 13)</b>	<b>\$50.00</b>	\$ _____

#### **Or One Day Fees:**

<i>Tuesday Registration</i>	\$35.00	\$ _____
<i>Wednesday Registration</i>	\$25.00	\$ _____

#### **Meal Fees:**

Total Meal Package (6 meals)	\$125.00	\$ _____
Monday Evening Banquet	\$30.00	\$ _____
Tuesday Breakfast	\$15.00	\$ _____
Tuesday Lunch	\$25.00	\$ _____
Tuesday Banquet	\$35.00	\$ _____
Wednesday Breakfast	\$15.00	\$ _____
Wednesday Lunch	\$25.00	\$ _____

#### **Tour Fee**

<b>Total Enclosed:</b>	\$ _____
------------------------	----------



## 2021 WAHCE Conference Tours

**\*\* Monday, September 20, 2021 \*\***

**TOUR FEES ARE TRANSFERABLE BUT NOT REFUNDABLE. Tour #1 has a minimum of 40 guests; Tour #2 and #3 have a minimum of 25. If we do not meet the minimum that tour will be cancelled and you will be given your next choice.**

### **Bus Tour #1: Chain O Lakes River Cruise .....\$45.00**



Enjoy a coach bus ride to the beautiful Chain O Lakes near Waupaca. We'll board the Lady of the Lakes at Clearwater Harbor. Our captain will share some of the history of the area while pointing out landmarks and sites. The Chain was carved out 12,000 years ago by the force of the Cary Glacier. Melting chunks of ice gave rise to the blue-green lakes now fed by natural springs. **Bus boards at the hotel at 12:30 PM and returns about 4 PM.**

### **Bus Tour #2: King Veterans Home .....\$40.00**



The Wisconsin Veterans Home at King is where love of country merges with 130 years of caring for America's Heroes. All branches of the armed forces are represented here. Volunteers will share some of the history of the Veterans Home and Cemetery as they take us on a casual walking tour. **Bus boards at the hotel at 12:30 PM and returns about 4 PM.**

### **Bus Tour #3: UWSP Planetarium and WI/Nicaragua Partnership.....\$30.00**



We start out at the UW-Stevens Point Planetarium and enjoy a star show. While on campus we'll stop at the Wisconsin/Nicaragua Partnership Office and see how the many years of HCE support has made a difference for families and communities. We'll then take a short drive to the Warehouse where items are collected and readied for shipping to the Learning Centers. The passion and legacy for this work is evident with our tour guide, Amy Wiza. **Bus boards at the hotel at 12:30 and returns about 4 PM.**

### **On-Site Workshop #4: Mosaic Stained Glass Tile .....\$25.00**

Whether you have experience with glass and grout or you love to try new crafts, join our very enthusiastic instructor, Yvette Huesler and go through the process of creating your own one-of-a-kind mosaic stained glass tile. **Session begins at 1 PM.**

### **On-Site Workshop #5: Moravian Paper Stars .....\$15.00**



When does paper become a 3-Dimensional shining star? When our instructor Loraine Beyerstead guides us through the cutting, folding and waxing of these unique creations. **Session begins at 1 PM.**



# 2021 WAHCE CONFERENCE WORKSHOPS

**\*\* Tuesday, September 21, 2021 \*\***

## **Session #1: 8:30 - 9:45 AM**



### **101 Annual Business Meeting "Starts at 8:00 AM"**

Reserved seating for voting delegates: County President and WAHCE Board Members.  
*Presiding: WAHCE President Donna Zarovy*

- **102 The Power of Wisconsin Potatoes**

Learn about the Wisconsin Potato industry, potato nutrition. Discover the secrets of preparing a delicious, nutritious potato inspired dish. In addition to this program, all WAHCE members are invited to tour the Potato Mobile that the Association will make available in the parking lot.

**Presenter:** Sarah Agena, Registered Dietician, WI Potato and Vegetable Growers Association

- **103 "Putting the Wonder Back in Wonderful" The Value of the Arts in a Well-Lived Life**

Jim will share his thoughts on the value of the arts in a well-lived life. His experiences in the arts and theatre world at UW-Stevens Point and the City of Wausau shows how to develop community-based art activities for children or adults. We'll discuss how to use the arts to address social issues and make our community a better, more welcoming place to live.

**Presenter:** Jim O'Connell, Associate Professor, UW-Stevens Point Arts Management Program

- **104 From Sheep to Shawl**

Have you ever wondered what it takes to get from a lamb to a finished shawl? Join Sandy Pohl from K9 EWE for this interactive photo adventure from start to finish. Learn some fun sheep Trivia, meet a few members of the flock and other fiber animals. Finally, we'll take a look at the process to get the wool from the flock all the way to crafting the finished product.

**Presenter:** Sandy Pohl, K9 Ewe

- **105 Needle Felting: Pumpkin** (\$5.00 for materials paid to instructor)

Learn to manipulate wool into a cute fall pumpkin. Whether you have needle felted before or not you will enjoy the rhythm of the process. Be careful, this craft is addictive!

**Presenter:** Jackie Luetschwager, Town Hall Trinkets

- **106 Aldo Leopold Sand Country Almanac in a Quilt**

What happens when you read the Sand Country Almanac and its message of environmental preservation and then turn it into a quilt? The stories of Aldo Leopold come alive!

**Presenter:** Caryn Hurst, Quilter and Storyteller

## **Session #2: 10:15 – 11:30 AM**

- **201 Beaded Necklace** (\$10 supply fee paid to instructor)

Whether you are new to beading or have some practice, try your hand at making a fashion necklace with our own Darlene Schumacher.

**Presenter:** Darlene Schumacher, Wood County HCE Member

- **202 Where in the World is Dorothy?**

Dorothy has been on adventures all over the world. Africa, Russia, Siberia, the Samoa Islands and more. With her lively stories and breathtaking pictures we will experience some of the highlights of her travels and cultural lessons learned.

**Presenter:** Dorothy Wester, World Traveler



## 2021 WAHCE CONFERENCE WORKSHOPS

- **203 Wisconsin Bookworms**

Marianne and friends will introduce the new line-up of 2021-2022 Wisconsin Bookworms Program and books. Explore the diversity of the stories and experience the accompanying activity ideas. There will be time for county sharing.

**Presenter:** Marianne Geiger, WAHCE Wisconsin Bookworms Chair



- **204 Shine a Light on that Mountain of Clutter**

Have you inherited a house full of items? Do you have a mountain of clutter to clear? Don't want to leave your children with it all? Find out more about what items have value and how to dispose of those that don't. Keep, sell, donate or display.

**Presenter:** Jackie Luetschwager, Town Hall Trinkets

- **205 Heroic Women Homesteaders**

While researching her own family history Elaine discovered more than ancestors, she found stories of strong women like her widowed 64 year old great grandmother that went homesteading in North Dakota. Take time to gather the stories of strong women in your own family.

**Presenter:** Elaine Anderson, Local Historian

- **206 The Life and Times of Louisa May Alcott: From Fruitland's to Orchard House and Beyond**

In addition to being an author, Louisa May Alcott (1832-1888) was a multi-faceted woman. An activist with an independent spirit who served as a Civil War nurse. This show is based on Alcott's novels, letters and journal. Rose brings to life this fascinating woman and times in which she lived.

**Presenter:** Rose Stephenson, Theater Performer

**Tuesday, Lunch 11:45 AM** ("Mingle" time following lunch)

<b>Session #3: 3:30 - 4:45PM</b>
----------------------------------

- **301 Education Program #1: Making Physical Activity Fun**

Learn how to include a variety of physical activities as you age, all the while having fun! You will have the opportunity to use some of the Go4Life© activity resources, practice some exercises and create a personal action plan. Wear comfortable clothing and shoes to exercise.

**Presenters:** Mary Ann Schilling and Katie Gellings, Health & Well-Being Educators, UW-Madison Division of Extension

- **302 Fashions Through the Decades**

The Marathon County Historical Society offers a program of Wisconsin women's and children's fashions from 1880 to the 1970's. We'll see authentic examples from each decade and appreciate clothing choices and colors from our past. There will be time for reflection and discussion.

**Presenter:** Anne Chilsen-Straub, Marathon County Historical Society

- **303 Danish Hygge – Creating Comfort and Coziness**

Hygge is a Danish term for creating a feeling of contentment, warmth, safety, shelter, coziness, comfort, beauty, belonging, well-being and happiness. With winter coming, what survival skills can you nurture to better enjoy this upcoming quiet season with family and friends?

**Presenter:** LaDonna Larson, Waupaca Library Volunteer

- **304 "P is for Pterodactyl" A Humorous Look at English Spelling**

We'll learn a few reasons why spelling seems to be so difficult and find a few ways to make it a little easier. Plenty of audience participation, a little learning and a lot of fun!

**Presenter:** Rita Bloom, Kentucky HCE Member

## 2021 WAHCE CONFERENCE WORKSHOPS

- **305 Folk Music and the Search for a Better World**

Music is a wonderful teaching tool! David HB Drake has spent a lifetime in Community Service music programming. Programs in schools, libraries, senior facilities, parks and churches use music as a tool to teach reading, history, peacemaking and more for audiences of all ages. David is a concert musician as well as a ship's musician aboard the Wisconsin flagship, the Schooner "Denis Sullivan".

*Presenter: David HB Drake, Folk Artist and Gentle Troubadour*

- **306 Glacier History of Wisconsin**

The advance of glaciers into Wisconsin created our topography, except for the Driftless Area in southwestern Wisconsin. It took place from 70,000 years ago to approximately 10,000 years ago. Consider how the glaciers affected the First Peoples of Wisconsin.

*Presenter: Ray Reser, UW-Stevens Point Professor Emeritus Geology*

### Tuesday Evening Banquet, 5:30 PM

**\*\* Wednesday, September 22, 2021 \*\***

<b>Session #4: 8:30 - 9:45AM</b>
----------------------------------

- **401 Eat, Sleep, Move: The 50+ Immune System**

As we mature, so do our nutritional requirements. How can we ensure our best health in the future to head off diabetes, stop age-related muscle loss, fortify our brain, build up bone strength, reduce chronic inflammation, keep our arteries supple, our spirits up and COVID symptoms under control.

*Presenter: Marilyn Herman, Waupaca County HCE*

- **402 International Workshop – Protect Our Pollinators**

How do the birds, insects, small animals in our world contribute to our health and well-being. This overview will launch the next three-year WAHCE and Country Women of the World (CWW) campaign to raise awareness and energize efforts to protect our pollinators.

*Presenter: Lylene Shultz, International and Susan Schuller, Aldo Leopold Audubon Society*

- **403 Treasurer's Workshop**

Helpful information will be shared regarding handling of County HCE funds. This includes filing the 990N form, best practices in maintaining financial records and reports. There will be time for questions.

*Presenter: Mary Ann Bays, WAHCE Treasurer*

- **404 Let's Dance on Broadway!**

Join Lynn for this fun interactive dance session featuring music from Broadway. Participants will be seated on chairs as we dance to Broadway tunes using hats, canes, lights, umbrellas and a few more surprises!

*Presenter: Lynn Marcks, WAHCE VP Family and Community Life*

- **405 Birding By Ear**

Step out your door, have a seat and listen to the songs of Wisconsin's birds. Liz will help us identify some of the telltale sounds of different birds and times of the day and year they sing their songs. Many of us have enjoyed the great Wisconsin Birding and Nature Trails that have been established all over the state.

*Presenter: Liz Herzmann, Wildlife Conservation Educator, Wisconsin DNR*

- **406 Gardening In A Bottle**

Jung's is a family-owned garden center with 100+ years' experience! They grow, sell and advise on a wide selection of high quality seeds, bare-root, trees, bulbs, shrubs, perennials, annuals, potting

## 2021 WAHCE CONFERENCE WORKSHOPS

supplies, hard to find house plants and more. Don't want to commit fully to a high-maintenance house plant but want to add to your home décor? Terrariums are a great intro or downsize from houseplants. Watch as we show how to make and maintain your own terrarium to fit your style.

*Presenter: Jung Garden Center, Stevens Point, Randolph, Sun Prairie and Madison*

### Session #5 10:30- 11:45 AM

- **501 Education Program #2: Healthy Aging – Improving Health Through Self-Advocacy**

Attendees will learn to ask questions without challenging their healthcare provider authority for improved health outcomes and stronger patient-provider relationships. Practice a brief intervention strategy that will feature establishing healthy exercise routines and another on ensuring medical appointments are as thorough and helpful as possible.

*Presenter: Robert Nix, Associate Professor; Victoria Fleming and Sara Busche, Graduate Students, University of Wisconsin-Madison*

- **502 Wisconsin/Nicaragua Partners Make A Difference**

The Learning Center programs in Nicaragua do more than teach skills; they build character and leadership for the Nicaragua women AND provide a great opportunity for women in Wisconsin to make a difference. This second generation organizer will provide examples of changed lives and how we have the capacity to help each other.

*Presenter: Amy Wiza, Executive Director*

- **503 Cultural Arts Discussion: Issues/Improvements/Ideas**

All district and county Cultural Arts Chairs are invited to this workshop to discuss the current program and come up with ideas for possible changes.

*Presenter: Phoebe Shourds, WAHCE Cultural Arts Chair*

- **504 From Earth to the Universe – Birthplace of the Stars**

This session and visual program will illustrate how our view of the universe has changed, evolved and expanded through human history.

*Presenter: Sebastian Zamfir, Director of the Blocher Planetarium and Observatory, UWSP*

- **505 Let's Talk Bees and REAL Honey**

Enjoy Missy's knowledge and enthusiasm for bees: who they are, life in the hive, travel patterns, all about the queen, making honey as well as what bees do for us in the world. Honey products made by Missy will be available for sale.

*Presenter: Missy Moore, Oasis Bee Company, Plainfield*

- **506 History Comes Alive: Stories of King Veterans Home**

The Wisconsin Veterans Home at King, Wisconsin, was incorporated in 1887 by the Wisconsin Department of the Grand Army of the Republic. Initially a retirement home for Civil War veterans and their spouses, the Home slowly evolved into a health care facility as the original member's aged and new veterans arrived from World War I. Kim gathered the pictures and stories of the early years and they come alive in his book and in-person accounts.

*Presenter: Kim Heltemes, King Veterans Home Historian and Author*

Due to the coronavirus, some of these workshops may change. Any changes will be posted as soon as possible on the website. No changes will be made after August 13<sup>th</sup>. You will be notified if you signed up for a class that changes.



**Extension**  
UNIVERSITY OF WISCONSIN-MADISON  
RICHLAND COUNTY

Extension Richland County Office  
1000 Highway 14 West  
Richland Center, WI 53581  
Phone: 608-647-6148  
Fax: 608-647-9116  
Email: [chelsea.wunnicke@wisc.edu](mailto:chelsea.wunnicke@wisc.edu)  
<http://richland.extension.wisc.edu>

Division of Extension provides equal  
opportunities in employment and  
programming, including Title VI, IX, ADA/  
Section 504 Rehabilitation Act requirements.

## **HOMEMAKER HERALD**



# **Summer 2021 Edition**