

HOMEMAKER HERALD

Summer 2019



Calendar of Events

July

- 2 HCE Cultural Arts Show/Executive Board Meeting, 10 a.m., Schmitt Woodland Hills, Activity Rm, with a potluck luncheon
- 4 Independence Day - Happy 4th of July!



LABOR DAY



PATRIOT DAY



International Day of Peace



August

- 1 WAHCE Cultural Arts Registration Deadline
- 6 HCE Executive Board Meeting, 10 a.m., Room 713, East Hall, UW-PR
- 7 Purple Heart Day
- 15 WAHCE State Conference Registration Deadline
- 21 Senior Citizens Day

September

- 2 Labor Day
- 3 HCE Executive Board Meeting, 10 a.m., Room 713, East Hall, UW-PR
- 8 Grandparents Day
- 11 Patriots Day
- 15 Southwest District Fall Meeting Registration Deadline
- 16 - 18 State WAHCE Conference, Holiday Inn, Manitowoc, WI
- 21 International Day of Peace
- 23 First Day of Autumn
- 25 Southwest District Fall Meeting, Monroe, WI, Green County

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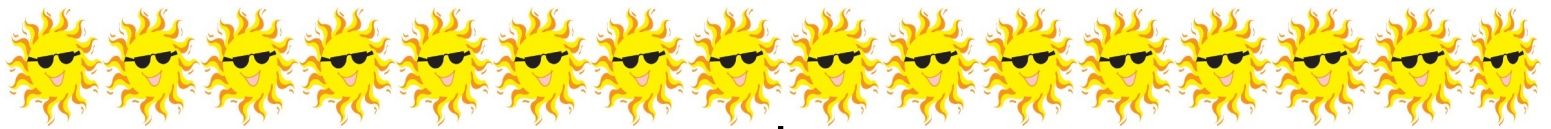
Thank You!

HCE members enjoyed serving orders on June 19 from 4-8 PM at Culvers.

Culvers generously donates a portion of their sales on what is called "Share Night". The program is shared throughout the year by many non-profit organizations.

We want to thank Culvers for their generosity in helping many individuals in our community.





Hello Everyone,

It is finally summer! I just wanted to say a special thank you to all the woman who took care of business while I was ill this summer. THANK YOU!

Although some of our clubs do not meet in the summer months they still keep busy with volunteering for HCE. Every year some of our club members volunteer in June to run the food booth for the H.O.P.E. cancer walk in Hillsboro, WI. They also cut out and sew vests for kids to decorate at Cesky Den celebration in June. It is so much fun watching and helping these kids create their masterpiece.

Some of our talented club members crochet adorable newborn caps and blankets and donate them to the hospital. One of our club members sewed drawstring bags and members fill these with essential items for an abused woman's shelter. You should be so proud of yourselves for your giving hearts, I am proud of you. Thank you to all the clubs who give of their time to spend time with our elderly in nursing homes. They take materials to help the residents create beautiful crafts and play bingo with them.

The making mittens project went well this year. The kids at school who have lost their mittens appreciate this donation. The kids are asking for these mittens before we can get them made. Some of the members make small quilts (quiltlets) for the children in Nicaragua which we send to the HCE State Convention in September. At the convention last year, we had 2 medallion winners in the state Cultural Arts Show which is the highest honor you can get. Congrats to Cecile and Diane!!!! We had several first place winners and 1 second place congrats to all of them. We are so proud of you!

Our Reading Grandparents program is going strong. It is so much fun to read to these little ones if you haven't joined, please consider reading to these adorable kids. It will melt your heart when you do.

Your Executive Board came up with the idea to have a Cultural Arts show for our talented youth in Richland County. I took the idea to State Convention and it was approved. Rules and categories were written in a form and sent out to schools and 4 clubs. This was our pilot program and I was a little nervous about the turn out. I was pleasantly surprised at the Cultural Arts show we had 16 entries! They were all amazing and the judge had a hard time judging. The talent these youths displayed amazed me and we are so proud of them.

So I will take this to our State Convention in September and tell them about our great success at this pilot program. We are hoping this will inspire other counties to start a cultural arts show for the youths in their county. Your executive board worked hard to make sure this pilot program was a

success. A big and heartfelt thank you! Our goal is to acknowledge our talented youth and to introduce them to what HCE is and does and maybe they will join HCE in the future.

If you missed your Spring Fling this year, you missed an amazing time. There was a speaker on Human trafficking which has become a major concern in our country. One of our clubs showed how to make deco wreaths and they are beautiful when they are completed. There was a silent auction of a variety of things and the food was as always amazing, everyone had a fun time. Please join us for the next spring fling, I guarantee you will have fun, meet new people, and make a memory you will always cherish.

To all our clubs, your compassion for helping others and giving of your time is remarkable. So proud to represent the Richland County Clubs. Stay cool!

Your Richland County HCE President
Yvonne Chapman

~~~~~  
Summer Greetings!

I hope everyone is enjoying the long summer days and staying cool when the temperature climbs. My summer has included seeing an outdoor movie at the Startlight 14 here in Richland Center. It was a fun family activity, and my son keeps asking to go again! We've also been having nice evenings at home, grilling, eating outside, and now berry picking.

Summer at Extension usually means Food Preservation classes, and I've enjoyed offering these hands-on canning experiences again. Last night, I showed 7 people how to make Sauerkraut and they practiced creating some quick pickles.

Speaking of creativity, I greatly enjoyed seeing the creativity of many of our HCE members in a very impressive Cultural Arts Show. There were beautiful items of all types, and all hand-made by our members. I am sure they will do well at the state convention show. It was fun see youth artwork there, too, and hear from the young people on what inspires them to create art. Thank you to our Executive Board for having this idea and doing the work to make it happen.

I am continuing to work with many other community projects, including facilitating groups that are working to improve student wellness, drug addiction recovery, and outcomes for new babies & families. It is all interesting stuff! Please enjoy the rest of your summer and feel free to contact me any time.

Richland County Family Living Agent

*Chelsea Winnicke*





## **HCE Executive Board Meeting March 5, 2019**

Present included: Yvonne Chapman, Cecile Haugh, Kathy Fanta, FLA Chelsea Wunnicke, Charlotte Page, Diane Dalberg, and Eileen Eberle.

The Richland County HCE Executive Board met Tuesday, March 5, 2019 at East Hall, UW Platteville-Richland at 10:00 a.m. with the meeting called to order by President, Yvonne Chapman.

The U.S. Flag Pledge and Homemaker's Creed were recited. Roll call taken. Pennies for Friendship were collected. The February minutes were given to those present, read by secretary, and a motion to accept as read by Charlotte Page, 2<sup>nd</sup>, and carried. The treasurer's report was presented by Cecile Haugh, approved as given, and filed. The club financial sheets are to the treasurer.

HCE will have a flower/bulb/seeds table at the Master Gardener Show, March 23rd at the Richland Center High School. Any member having plants/bulbs/seeds to donate, please notify Cecile at 489-2587. We will have chances on winning several items. You have to be present to win. We also are selling bird houses, lawn rocks, garden markers, etc.

Special items from Cecile, Yvonne, Kathy, Charlotte, Eileen, and others and this is for a fund raiser for scholarships. Lots of plants, bulbs, and more coming to sell.

The Southwest District Spring meeting will be April 25th in Poynette. Information on the program, etc. is on the registration sheet in this Herald. Please sign up for this. The cost is \$15.00.

The Richland HCE Spring Fling will be Saturday, May 4<sup>th</sup> at the Yuba Community Center. We will have a Program on Human Trafficking, a craft of a wreath at a cost of \$4.00, a pot luck lunch, scholarships announced, etc. A "Hattie Hat " is the theme of the extra entry in Cultural Arts entries to State Conference this year. Try to make one for a centerpiece at Spring Fling. Please bring an entry for centerpieces. This is a potluck luncheon.

The Reading Grandparent's Program is continuing at the Richland and Riverdale School districts. Any members who want to be readers, please call Eileen at 583-5544. This is along with Delta Kappa Gamma.

The "Get Real" Program with the area high school students is Wednesday, March 20th. Please sign up to work at this great program where youth learn of real life experiences in economy and financing. This is at the Richland Center High School.

The next meeting of the executive board of HCE is Tuesday

April 9<sup>th</sup>.

The Cultural Arts Show will be July 2nd at Schmitt Woodland Hills meeting room. Entries listed in the Herald. Diane Dahlberg is the chairman. Also this year is a special showing for youth. Richland County is having a pilot program to get younger people into these cultural programs.

Chelsea, our family living agent, is doing programs on "Raising a Thinking Child", "Child Sex Trafficking ", and canning programs. Also working with the Homeless Coalition to get a daytime place for homeless adults in a building near downtown Richland Center.

The scholarship judging committee for 2019 members are Charlotte Page and Kathy Fanta.

"On the Move and In the Groove" Program is initiated in Richland County. Keep track of your active times. Rules are in the Herald. We do these things. Help us show others of our activities. Information to be gotten to our president by June. Quiltlets are being made for children in Nicaragua. Baby blankets for the area hospital. Baby hats for the hospital. Lap robes for Greenway Terrace. Bags of overnight items for Passages.

There will be a fundraiser night at Culvers Share Night June 19, 2019. We will have 2 shifts of 4 workers in each shift. We will need help. Eileen is completing a grant for the Early Readers program to go to the state. They are looking into grants for reading programs and will include Richland County. Yvonne is looking into more grants to help the reading program.

There was discussion of a possible bake sale for the county in Hillsboro, May 18<sup>th</sup>. Half of the proceeds go to the county program and half the proceeds for the Yuba Club.

Booklets are being made for Richland H.C.E. on our county activities to take to state competition. Also a booklet on the heritage at Yuba and those activities.

Motion to adjourn was made by Yvonne to adjourn the meeting at 11:40 a.m. and the meeting was adjourned.

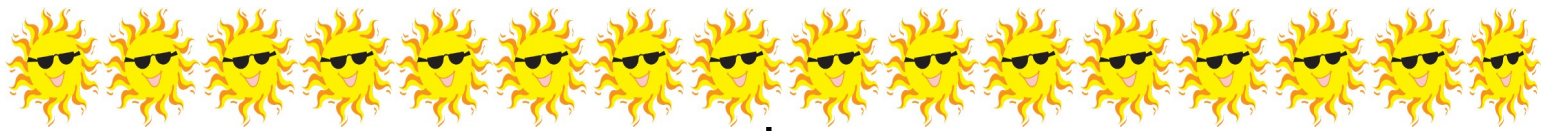
Sincerely submitted by  
Secretary Eileen Eberle



## **HCE Executive Board Meeting April 9, 2019**

Present included: President Yvonne Chapman, Cecile Haugh, Charlotte Page, Kathy Fanta, FLA Chelsea Wunnicke, Diane Dalberg, and Eileen Eberle.

The Richland County HCE Executive Board met Tuesday, April 9, 2019 at East Hall, UW-Platteville Richland at 10:00 a.m. with the meeting called to order by President, Yvonne Chapman.



The U.S. Flag Pledge and Homemaker's Creed were recited. Roll call taken. Pennies for Friendship were collected. The March minutes were read by Eileen, motion to accept as read by Charlotte Page, 2<sup>nd</sup>, and carried.

The treasurer's report was presented by Cecile Haugh, approved as given on a motion to approve by Diane Dalberg, 2nd and filed. The 2019 membership was updated with these were gone over with our treasurer. Some cards still need to be turned in.

We received correspondence from the Master Gardeners and Janelle Siegfried. HCE had a booth at the at the Master Gardener Show in March at the UW Campus. Members donated plants, bulbs, "scrubbies", yard supplies, and seeds to sell for fund raising. We sold chances on a bird house, a garden basket, and a garden light. We made \$198.00 for scholarships.

The Southwest District Spring meeting will be Thursday, April 25, 2019 in Poynette. Information on the program, etc. was on the registration sheet in this Herald. There are 4 going from the board: Cecile, Kathy, Yvonne, and Eileen.

The Richland HCE Spring Fling will be Saturday, May 4th at the Yuba Community Center. We will have a speaker, a music group, a craft of mesh wreaths at a cost of \$5.00 each, and a silent auction. Lunch is potluck and there will be membership recognition. A scholarship in the amount of \$300.00 will be announced by Kathy Fanta and Charlotte Page, the Scholarship selection committee.

The 2019 theme for H.C.E. is "You Light up my Life". Make a Hattie Hat for the centerpieces and we will vote on the hat to represent Richland County at the State Conference. Cecile is planning the program with registration to start at 9:00 a.m.

The Reading Grandparent's Program is continuing at the Richland and Riverdale School districts. Any members who want to be readers, please call Eileen at 583-5544. This is along with Delta Kappa Gamma Lambda Chapter.

The "Get Real" Program with the area high school students was Wednesday, March 20th. This is a program where youth learn of real life experiences in economy and financing. This was at the Richland Center High School. We had several working with this program and we feel this is a great opportunity for youth and it should be offered to more students in Wisconsin.

This meeting of the executive board of HCE was cancelled on April 2<sup>nd</sup> and held April 9<sup>th</sup>. The next meeting of the Executive Board is May 7, 2019. The Cultural Arts Show will be July 2nd at Schmitt Woodland Hills. Entries are listed in the Herald. Also, we are piloting a Youth Cultural Arts Show so please encourage Richland County Youth and your grandchildren in Wisconsin to enter this show. Entries are also in the Herald.

We are to get our number of volunteer hours to Yvonne by June 4, 2019. We are having a fund raiser at Culvers on June 19<sup>th</sup>. We will have 2 shifts of 2 hours each. Scheduling will be given out at Spring Fling.

The F.L.A. Chelsea Wunnicke announced the loss of Buena Anderson and Carl Rognholt, both affiliated with the Five Points Gals H.C.E. Our sincere condolences to both of these families and cards signed and sent to both families from the Executive Board.

Some news of club events were discussed. The Homemaker's Prayer was recited.

Motion to adjourn was made by Cecile Haugh and President, Yvonne Chapman adjourned the meeting at 11:10 a.m.

Sincerely submitted by  
Secretary Eileen Eberle



### **HCE Executive Board Meeting May 7, 2019**

Present included: Cecile Haugh, Charlotte Page, Kathy Fanta, Ann Cunningham, and Eileen Eberle. Missing were President Yvonne Chapman and F.L.A. Chelsea Wunnicke.

The Richland County HCE Executive Board met Tuesday May 7, 2019 at East Hall, UW-Platteville Richland at 10:00 a.m. with the meeting called to order. The U.S. Flag Pledge and Homemaker's Creed were recited. Roll call taken. Pennies for Friendship were collected.

The April minutes were read by Eileen, followed by a motion to accept the minutes as read by Charlotte Page. The treasurer's report was presented by Cecile Haugh, approved as given, and filed.

We are having a fund raiser at Culver's June 19<sup>th</sup> and workers signed up to work. Profits are to be used for scholarships.

The Richland HCE Spring Fling was held Saturday, May 4th at the Yuba Community Center. We had an excellent speaker on human trafficking in Wisconsin, a pot-luck lunch, membership recognition, a craft of wreaths, music, etc.

"You Light up my Life" is our theme and centerpieces were to be made for the 2019 theme and one of these is to go to the state cultural arts show. People brought items for a silent auction. Some exhibits were on display. Fun was had by all.

The Reading Grandparent's Program is continuing at the Richland and Riverdale School districts. Any members who want to be readers, please call Eileen at 583-5544. This is along with Delta Kappa Gamma.

Kathy Fanta, Cecile Haugh, Yvonne Chapman, and Eileen Eberle attended the Southwest District meeting in Poynette on April 25<sup>th</sup>.





The next meeting of the executive board of HCE is Tuesday, June 4th.

Respective clubs are assisting many in the area: blankets for babies, wreaths at Greenway terrace, mittens, serving at funerals, newborn baby caps, other fund raisers, etc.

Richland County will host the District H.C.E. meeting in the spring of 2020. Possible activities were discussed. Sheets were copied by Jennie Silver on aprons and rhubarb dessert. We were given a gift of aprons that possibly will be part of our 2020 presentation to the district.

A heritage book was given to us on Richland County H.C.E. by Bonnie Clift and what to do with this record was discussed.

Eileen is to register the county at the State Conference in Manitowoc in September.

The Cultural Arts Show will be July 2nd at Schmidt Woodland Hills. Entries are listed in the Herald. Also the Youth Cultural Arts Show being piloted.

A volunteer report was to be filled out for the state by the board. Several ideas were submitted for fund raising in Richland HCE.

The 2019 scholarship committee gave the 2019 report. Kathy Fanta and Charlotte Page were the selection committee. They will attend the presentation of scholarships and give our scholarship.

The Homemaker Prayer was recited by all present.

Motion to adjourn was made by Charlotte Page at 11:10 a.m. and the meeting adjourned.

Sincerely submitted by  
Secretary Eileen Eberle



### **HCE Executive Board Meeting June 11, 2019**

Present included: Treasurer, Cecile Haugh; Representative of the Yuba Club, Kathy Fanta; and Secretary, Eileen Eberle.

The Richland County HCE Executive Board met Tuesday, June 19, 2018, at East Hall, UW-Platteville Richland at 10:00 a.m. with the meeting called to order by Secretary Eileen Eberle.

The meeting was delayed one week due to President Yvonne Chapman being in the hospital. She was still in the hospital a week later and the rest of the board called the June meeting.

The U.S. Flag Pledge and Homemaker's Creed were recited. Roll call taken. Pennies for Friendship were collected. The May minutes were read by Secretary Eileen Eberle. Being as no changes, a motion made by Kathy Fanta to accept the minutes as read, 2<sup>nd</sup>, and carried.



The treasurer's report was presented by treasurer Cecile Haugh. There was a fund raiser at the Spring Fling in Yuba in May. Motion made to accept the treasurer's report and file for audit was made by Kathy Fanta.

The county cultural arts show is to be held July 2nd at 10:00 a.m. at Schmitt Woodland Hills with the entries to be in place by 10:00 a.m. We have Diane Dahlberg as the Cultural Arts Chairman this year and assisted by the executive board. There will be 13 entries from Richland County at the State Conference in September. Kathy Granger will be the judge.

There will be a pilot program of Youth Cultural arts at this show. This has been published and awards of ribbons will be given, the same as to the adults. The youth winners will not be going to state as there is no show there at this time. The meeting will be a pot-luck dinner on July 2.

Richland County H.C.E. will work at Culvers July 19th for a fundraiser from 4:00 p.m. to 8:00 p.m. A schedule for workers has been set up.

Cecile Haugh is organizing a basket for the raffle for the State Conference Fund Raiser for the silent auction. Homemade items from Richland County. Contact her on wanted items. We will also donate an item for the Cultural Arts show prizes of a white robe from the county.

Members going to State Conference September 17-19 need to sign up for the programs. This conference is in Manitowoc. It was decided to put up a Richland County display at this years State HCE Conference in Manitowoc. Some of the members will be attending this conference. We will have a sampling of project work in our county and instruction sheets for hand-outs.

Eileen gave a report on the Grandparent's Reading Program. We read to approximately 135 students every other week in 2 school districts and presented books for their classroom libraries at a cost of about \$3.00 per student for the school year. This is with Lambda Chapter of Delta Kappa Gamma.

The Yuba H.C.E. Club had a very successful fundraiser for "Hope Walk" and raised funds for cancer cure. The County Liners made baby blankets and hats for newborns for the area hospital.

Richland County is to put together a write-up for the Update State Magazine and submit it by July 1st.

A motion was made by Cecile Haugh to donate \$50.00 to Badger Camp. We have helped this camp each year which provides a camp for handicapped youth. This was 2<sup>nd</sup> and carried.

A motion was made by Eileen Eberle to give a donation of \$25.00 to our speaker at the Spring Fling who was Angie Cain and she spoke on Human Trafficking. This was 2<sup>nd</sup> and carried.



Members are to keep track of their volunteer hours and get these to Kathy by June 25<sup>th</sup>.

There is a 4-H sewing day at East Hall, UW-Platteville Richland building on June 28<sup>th</sup> from 9:00 a.m. to 11:30 a.m. Some of the HCE members will assist with this.

The Homemaker's Prayer was recited by all.

Motion to adjourn was made by Kathy Fanta, and the Secretary, Eileen adjourned the meeting at 11:30 a.m.

Sincerely submitted by  
Secretary Eileen Eberle



### HCE Executive Board Meeting July 2, 2019

Present included: President Yvonne Chapman, Kathy Fanta, Ann Cunningham, Charlotte Page, Sue Frank, F.L.A. Chelsea Wunnicke, Kathy Granger, Diane Dalberg, Diane's relative, and Eileen Eberle.

The Richland County HCE held its Cultural Arts Show Tuesday, July 2, 2019 at Schmidt Woodland Hills with the entries due and in place by 10:00 a.m. We had 36 entries. Entries selected to go to the State Cultural Arts Show include: Cecile Haugh, a painted porcelain; Sue Frank has an art piece; Diane Dalberg an apron, a basket, an art piece, cards, 2 quilts, and 2 photos. Eileen Eberle, a wreath, a story, and the Bonus of "Hattie's Hat". We can enter 13 items at state in September and we have those entries.

Kathy Granger was the judge and gave many fine comments on the items. She said the quality of the items was wonderful and we should do very well at state. Diane Dalberg is the Richland County HCE Cultural Arts Chairman and was in charge of the Cultural Arts Show.

New this year and at the same time and place was the piloted program, "Youth Cultural Arts Show" for Richland County. The Youth Cultural Arts Show was a success. We had 15 entries and they were of great quality. All youth in Richland County are eligible to enter this and more publicity needs to be gotten out for next year as the interest was wonderful.

Richland County got permission from the State H.C.E. Board to pilot this program and will report at state conference in September. Some of the award winners included: Kristen Halink, Bryndalyn Kanable, Gavin Ewing Warner, and others. Kathy Granger, a state certified judge, judged the show and gave excellent comments on the projects. 4-H Agent Karleen Craddock, some parents, and the Family Living Extension Agent, Chelsea Wunnicke were also present for this pilot program.

The group had a potluck dinner at 12:00 noon. The Richland County HCE Executive Board met Tuesday, July 2, 2019 at Schmidt Woodland Hills at 1:00 p.m. with the meeting called

to order by President, Yvonne Chapman. The U.S. Flag Pledge and Homemaker's Creed were recited. Roll call taken. Pennies for Friendship were collected.

The June minutes were dispensed with and just highlighted by Secretary, Eileen Eberle. Motion to approve as highlighted by Diane Dalberg, 2<sup>nd</sup>, and carried. The treasurer's report was presented by Eileen Eberle in the absence of the treasurer, approved as given, and filed.

The members of the executive board wrote the article about Richland HCE for the state magazine "The Update" and sent this to the state. (Our president was in the hospital).

The August meeting will be August 6th at 10:00 a.m. at East Hall, UW-Platteville Richland.

Cecile Haugh, Kathy Fanta, President Yvonne Chapman, and Eileen Eberle will attend the state Conference in Manitowoc in September. Items from the county was discussed to be auctioned at state for funds for scholarships. Several other members are considering going to this year's conference and will finalize their decision at the August meeting.

Several ideas were discussed for fund raising this year. Two new members are Kathy Granger as she joined the Yuba H.C.E. and Diane's relative as she joined the Five Points Gals H.C.E. Members gave updates of their club activities.

Motion to adjourn was made by Charlotte Page and President, Yvonne Chapman adjourned the meeting at 1:45 p.m.

Sincerely submitted by  
Secretary Eileen Eberle



**Top:** Hillsboro's Czech celebration - Cesky Den  
**Middle:** Master Gardner's Expo  
**Bottom:** Yuba HCE Club at H.O.P.E. Walk in Hillsboro.





# SW District Spring 2019

## Cuba at a Glance

- Population: 11.27 million
- Language: Spanish
- Capital: Havana (population 2.1 million)
- Time Zone: Same as Eastern Standard Time
- Size: 42,426 square miles – 17th largest island in the world



## Facts about Cuba (2019)

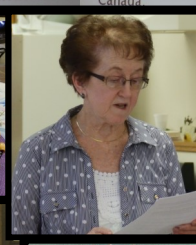
- Two official currencies (peso)
  - CUP National currency
  - CUC Convertible currency "dollar"
  - 25 CUP = 1 CUC
- Most state workers are paid in CUP; shops selling basics (very cheap) with government-controlled prices accept only CUP
- "Luxury" goods are sold in "Dollar" shops
- Wages range from 400–700 (doctors) CUP/month
- Many Cubans will supplement their income by working in tourism in order to earn CUC

## Facts about Cuba (2019)

- The literacy rate is 99.8 percent, one of the highest in the world
- Health care and education at all levels is free
- Cuba has the highest doctor-to-patient ratio in the world; many Cuban doctors are sent to other countries where needed
- The communist party (1965) is the only legal party
- The majority of industries are owned and operated by the government. Foreign investors may form ventures only with state-run entities.

## Travel to Cuba

- Need to travel with an organization that has a "People-to-People" license issued by the Office of Foreign Asset Control (a division of the United States Treasury Department).
  - Road Scholar
  - Grand Circle Foundation
  - Authentic Cuba
- Our passports were not stamped. A visitor card was issued, which was stamped.
- Since 2016 direct flights from the U.S. are possible. We had to go through Mexico or Canada.



# SPRING FLING 2019!



*On behalf of the participating students from Eagle, Ithaca, Richland Center, Riverdale, River Valley, & Weston High Schools:*

Thank you to all area businesses, agencies, and community volunteers for your time and donations that made **Get Real! 2019** a great success. The event would not be possible without your support.

*Hope to see you again in 2020!*





## “ The Circle of Life”

By Eileen Eberle

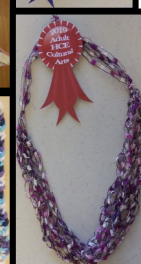
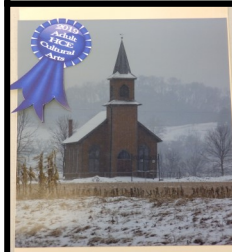
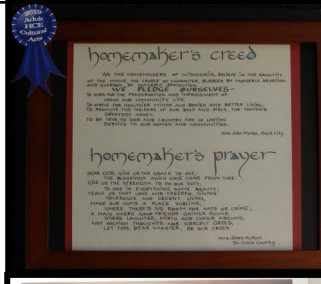
In the beginning, we arrive so cuddly and sweet.  
Our parents, our relatives, and others to meet.  
Time goes by, we change, and the bigger we get,  
We eat varieties of foods and some rules are set.

Taking that first step and a new tooth comes for sure.  
Getting us out of diapers, with new clothes to endure.  
Kindergarten looms ahead and separation is here.  
New friends and teachers in our lives, but not to fear.

We grow and develop into the years of the teens,  
Trying to find ourselves by many different means.  
Music, sports, dance, fashions, and much, much more,  
Ups and downs, good and bad, happy and sad galore.

A time comes to choose what our lives will be  
To college, to jobs, near or far, we'll have to see.  
Doing the thing we like and that makes us happy.  
Finding peace in our lives, that's really not sappy.

We work and live through those vibrant years and grow old.  
Those golden years are not filled with gold as we were told.  
We again need help and sometimes much care in strife,  
As we have just completed the “Circle of Life”.



# HCE Cultural Arts!



# HCE YOUTH CULTURAL ARTS PARTICIPANTS AND THEIR ENTRIES!



## "Of Course I'm Using My 'CANE' "

The time came when I turned 80 years old and my five children honored me with a birthday party. Three of those dear children each gave me a "Cane". Two of the canes were wooden and one cane was a metal folding cane.

And, with the canes came the statements, "You had better be using these gifts" as several people in our area had fallen, broken their limbs, ended up in the hospital, and later into nursing homes.

I very faithfully put one cane in the car so I had it with me as I went on my way. I put one cane in my cane rack in the front entry of my home and placed the metal folding cane in my suitcase, so I would have it on my trip to Virginia. And of course, when I came home from Virginia, I had left it standing in a corner of my room, leaving it in Virginia.

I bought another metal folding cane to have at my home, when my sister had knee surgery and asked to use it, and she liked it so much I didn't get it back. But, of course that CANE is being used.

And again, I bought another metal folding cane. On trips, I use this cane to steady myself when walking, to help getting up and down on sidewalks, and going up and down stairs.

At home, I use a cane to walk to the mailbox to get the mail, but drop the cane if someone is passing by, as pride still doesn't want me to let others know of my getting older and using a cane. This is dangerous I know.

My children that live afar, have a cane for me when I visit, and insist I use it on our outings. So here, my cane and I go to Krogers, Hobby Lobby, Kohl's, and more, shopping, me with my cane in hand.

When my children ask me "Are you using the canes? ", I say "Of course I'm using my canes".

This past week, the snow plow driver took off my mailbox. Someone put it back on the post holding it with a "bungee" cord. The mailbox is bent, tipped, and the mail goes to the back of the box. I can't reach it from the car window, so I use my "Cane" to pull the mail into reach. See, I am using my cane.

Tuesday, this past week as I was leaving my home to go to the Richland County H.C.E. Executive Board Meeting, I noticed my electric bill lying in the ditch. It had been thrown out of the mailbox when the box was hit and knocked off the post. I got out of the car to retrieve the letter, but the ditch was full of snow and ice. I couldn't reach the letter, so I got my metal cane from the car, got down on one knee and was able to maneuver the letter to within my reach. I was able to get the letter and it went back into the mailbox, ice, mud, and all. See I am using my Cane and I can honestly tell my children that I am using their helpful gifts.

However, a cane makes sense. Recently, on a return trip from Virginia, I fell in the Detroit airport, was taken by ambulance to the hospital to a trauma center, checked out for injuries, and darned lucky to get back to the airport in three hours, onto a plane, and back to Wisconsin. Very scary, but I was very lucky. I should have had my cane out of my bag and it being put to use.

At age eighty-eight, I'm more unsteady on my feet, have had some physical therapy on the use of a cane, and know how important a Cane is to our SAFETY. Special thanks to my children for knowing enough to give such useful and safety wise gifts of a CANE. Of, course I'll use my CANES.

By Eileen Eberle

County Liners H.C.E., Richland County



# *Fall 2019 HCE Southwest District Meeting*




## *DATE:*

Wednesday, September 25, 2019

## *LOCATION:*

Government Services Building  
Pleasant View Complex  
N3152 Hwy 81  
Monroe, WI 53566

*Hosted by Green County HCE*



|                     |                                                                                  |
|---------------------|----------------------------------------------------------------------------------|
| <b>8:30—9:30am</b>  | Registration                                                                     |
| <b>9:30—10:00am</b> | Welcome & Announcements                                                          |
| <b>10:00am</b>      | Guest Speaker: Beth Zurbuchen,<br>President/CEO of Swiss Center of North America |
| <b>Noon</b>         | Lunch                                                                            |
| <b>1:00pm</b>       | Business Meeting<br>Beth Campbell, The Pie Lady                                  |
| <b>2:30pm</b>       | Closing                                                                          |

Cost: \$15 per person (Checks made payable to Green County HCE)

### **Registration forms and payment due September 15**

Please send one registration form and check per county to:  
Extension Green County, 2841 6th St, Monroe, WI 53366



An EEO Affirmative Action Employer, University of Wisconsin provides equal opportunities in employment and programming, including Title VI, Title IX and ADA requirements. Please make requests for reasonable accommodations to ensure access to educational programs as early as possible preceding the program, service, or activity. Requests will be kept confidential.



# Fall 2019 HCE Southwest District Meeting

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***Registration forms and payment due September 15***

**Please send one registration form and check per county to:**

Extension Green County, 2841 6th St, Monroe, WI 53366

County: \_\_\_\_\_

\$15 x \_\_\_\_\_ = \$ \_\_\_\_\_  
(# attendees) (total payment)

Names of Attendees:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_
9. \_\_\_\_\_
10. \_\_\_\_\_
11. \_\_\_\_\_
12. \_\_\_\_\_
13. \_\_\_\_\_
14. \_\_\_\_\_
15. \_\_\_\_\_



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# In Memoriam



Buena Ruby (Eng) Anderson died Sunday, April 7, 2019 in Richland Center, Wisconsin. She was born on January 20, 1927, on the Eng Farm in Akan Township, Richland County, Wisconsin to Oscar and Adeline (Sutton) Eng. Buena graduated from the Richland Normal School, in 1946 with her teaching degree, then taught in two one-room schools, the Gault Hollow School in Eagle Township and the Hanson School in Richwood Township.

On June 3, 1947, Buena married Harden "Honk" Anderson at Five Points Lutheran Church. They began farming on the Anderson family farm in 1949 until 1988, it became a century farm in 1986. While helping with the farming, Buena also was a seamstress, sewing professionally for people in the area. She made many wedding and bridesmaid dresses for many area weddings. Buena helped with many community organizations. She was a life-long member of Five Points Lutheran Church, and served as a Sunday School teacher, an officer, a member of the Mary Circle, and of course, helping with the Lutefisk supper. She also served as Secretary of Church Women United in Richland County.

She dedicated many hours to the Richland County 4-H as a County Leaders Association Secretary and President, she served the county 4-H as General Leader of the Boaz Boosters, the leader for various topics within 4-H, including the sewing project where she touched the lives of many of the youth of

Richland County. She received the Katherine Annear 4-H Leader of the year in 1984. Mom also was a member of the Richland County Homemakers, where she was a center chairman, she volunteered at the polls on election days, and was a volunteer at the Richland Hospital. She received the Richland County Lifetime Service Award on September 9th, 2016.

Together, Buena and Harden had five children: Charles (Sheelah) Anderson, Louisville, KY, Lynn (Pat) Harwick, Richland Center, WI, Donald Anderson, LaCrosse, WI, Thomas (Jan) Anderson, Normal, IL, and Kay (Jim Nuttall) Anderson, Rhinelander, WI. Buena also leaves eleven grandchildren, Abbe Michalski, Jeff (Patty) Anderson, and Lori Anderson; Tammy (Joel) Hornby, and Scott (Michelle) Harwick; Chris (Michelle) Anderson; Kurt (Marjorie) Anderson, Kristen Anderson, and Erik Anderson; and Ethan and Ryan Roberts; twelve great-grandchildren, Rusty Michalski; Cassandra, Becky, Seth and Andrea Hornby; Alanna and Alexis Harwick; Siri, MacKenzie and Meren Anderson; Nilo and Perla Anderson. She was preceded in death by her husband, 2 brothers, 3 brother-in-laws and 2 sister-in laws. She is survived by 3 sister-in-laws and many nieces and nephews.



Eleanor J. Poole, 98, of Richland Center, died on Sunday, April 14, 2019 at Schmitt Woodland Hills in Richland Center. She was born in Richland Center on July 1, 1920 the daughter of Earl B. and Hazle L. (Richards) Poole.

Eleanor graduated from Richland Center High School in 1938. After graduation she attended Madison Business College and graduated from the Accounting-Secretarial course in June of 1939. Eleanor worked at Burnham's Drug Store (Empire Drug Store) from 1942 until 1950, Richland Co. Dept. of Social Services from 1950-1952, Edwards Clinic from 1952 – 1962, and the Richland Medical Center from 1962 – 1988 and part time after her retirement in 1988.

Eleanor was a faithful member of the Park Street Christian Church, where she played the organ and recorded church attendance for many years. She was an EMT, a member of the Richland Historical Society, and a member of the Richland County Homemakers for many years. Eleanor volunteered at various community events including the Blood Bank and the Get Real Program. When she wasn't volunteering, she appreciated attending many events in the community. She enjoyed traveling including her many bus trips with the Homemakers group.

Eleanor continued her education by taking night classes to learn to paint and to make wood carvings. Eleanor was an avid writer and loved to keep in touch with relatives by writing letters back and forth. She took joy in spending time with her family and friends.



Eleanor is survived by her cousins: Everette Poole of Myrtle Beach, SC, John (Lynette) Richards of Ithaca, Orlen (Alice) Richards of Ithaca, and Paul (Barb) Denman of Sextonville; many other relatives and friends. Eleanor was preceded in death by her parents, many cousins, other relatives and friends.





# 2019 WAHCE Conference Workshops

**Tuesday, September 17**



## 101 Annual Business Meeting "Starts at 8:00 AM"

Reserved seating for voting delegates: County President and WAHCE Board Members.  
*Presiding: WAHCE President Donna Zarovy*

### Session #1: 8:30 - 9:45 AM

#### 102 Up Close & Personal with Alpacas

The owner of London Dairy Alpaca Ranch will describe his life on the ranch with Alpacas and answer all those questions about these adorable animals. There will be a special appearance of these cuddly creatures in this presentation.

*Presenter: Kevin Stoer*



#### 103 Small Spaces, Big Production

Proper selection and management allow you to be able to grow a wide array of vegetables, herbs, and even fruits in relatively small garden spaces. Containers, raised beds, and small gardens can be used as you raise your own nutrient-packed, flavor-filled produce.

*Presenter: Scott Reuss*

#### 104 Growing Lavender in Wisconsin

Learn some tricks of the trade in planting the right type of Lavender in your garden. Get some useful information on the benefits and uses of this fragrant flower.

*Presenters: Diane Julian and Pat Heafy*

#### 105 Chair Yoga

This gentle form of Yoga is beneficial to those of us with limited mobility or those wanting to practice in the workplace. Benefits include: Improved flexibility, increased strength, reduced stress levels, and most of all its portable and convenient.

*Presenter: Kathy Niquett*



#### 106 Nutrition

Good eating habits help us keep our strength, maintain a healthy weight, increase our energy and brain function, plus reduce inflammation keeping our joints happier! Learn about how our nutritional requirements change as we age, and how to get those key ingredients in to keep our engines running smoothly.

*Presenter: Joni Shavli*

### Session#2: 10:15 – 11:30 AM

#### 201 Up Close & Personal with Alpacas (repeat)

The owner of London Dairy Alpaca Ranch will describe his life on the ranch with Alpacas and answer all those questions about these adorable animals. A special appearance of these cuddly creatures in this presentation.

*Presenter: Kevin Stoer*

#### 202 Small Spaces, Big Production (repeat)

Proper selection and management allow you to be able to grow a wide array of vegetables, herbs, and even fruits in relatively small garden spaces. Containers, raised beds, and small gardens can be used as you raise your own nutrient-packed, flavor-filled produce.

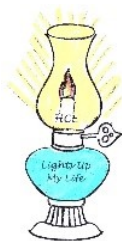
*Presenter: Scott Reuss*

#### 203 Growing Lavender In Wisconsin (repeat)

Learn some tricks of the trade in planting the right type of Lavender in your garden. Get some useful information on the benefits and uses of this fragrant flower.

*Presenters: Diane Julian and Pat Heafy*

# 2019 WAHCE Conference Workshops



## 204 Feeding, Housing and Attracting Birds In Your Yard

This color slide program will help you identify birds that may visit your yard and feeders. It will also include nest boxes and how to place them on your property. Feeder types, food and bird baths will also be discussed as well as flowers and other plants favorable in attracting birds.

*Presenter: Charlotte Lukes*



## 205 Wisconsin Bookworms: Explore 2019-2020 Books

Lynn and friends will introduce the new line-up of 2019-2020 Wisconsin Bookworms early reading books. Explore the diversity of the stories and experience the accompanying activity ideas.

*Presenter: Lynn Marcks*

## 206 Civil War

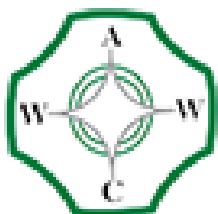
Experience what Wisconsin's involvement in the Civil War was all about. Focusing on the Iron Brigade. We will also examine medical practices during that time in history.

*Presenter: Steve Peterson*

## 207 Beaded Bracelet

This bracelet will be easy enough for even the beginner to make. Cost is \$10 per kit. (Pay Instructor)

*Presenter: Darlene Schumacher (PLEASE NOTE: the kit will cost \$10, not \$5 as published.)*



### Session#3: 1:30 – 3:00 PM (will have a short break before this session.)

After a short break – we will reconvene in the dining room to hear about the adventures of Joan Staffon, Marcelline Protheroe, Eileen Gottbeheat and Gail Hitchcock during their visit to the ACWW Triennial in Australia.

### Session #4: 3:30 – 4:45 PM

## 401 Acrylic Painting Projects

Use your imagination and creativity! Choosing between a birdhouse or a popular canvas print, you'll be proud of your expertise. Cost is \$5 per project. (Pay Instructor)

*Presenter: Katie Schamburek, owner of Glaze n' Paint Art Studio*



## 402 Treasurer's Workshop

Updates for County and District Treasurers. You'll receive information on filing 990- N. Guidelines and information on bookkeeping and keeping records.

*Presenter: Mary Ann Bays*

## 403 International Workshop

Information on taking on HCE's newest project "Days for Girls". A representative will come and explain the importance of this project.

Amy Wiza, Nicaragua Partners, will introduce you to some women who are visiting from Nicaragua and have benefited through our support.

*Presenter: Eileen Gottbeheat*



**WISCONSIN/NICARAGUA**  
*Partners of the Americas, Inc.*

## 404 HOW to Think, Not What to Think: An Approach to Prevent Behavior Problems in Young Children (Educational Program)

Want to learn a new way to talk to children that will give them skills to solve typical everyday problems with peers and adults. When children learn how to think not what to think they will perform better academically. (Every county should have at least one representative at this educational program.)

*Presenter: Nancy Schultz*





## 2019 WAHCE Conference Workshops

### 405 Life as Alice in Dairyland

A new Alice in Dairyland is chosen each year in May. She will be here to explain her experiences and the importance of her job as Alice in Dairyland.

*Presenter: Alice in Dairyland*

### 406 Life Changing Moments

Sometimes life can change in a moment. We need to be accepting change as we get older.

This will be an interactive share of experiences and some professional advice that she has received.

*Presenter: Lylene Scholz*

### 407 Turning a Local Grape into Fine Wine

Just what does it take to succeed in producing fine wine in a four-season climate? Is Wisconsin the new Napa Valley? We will do some wine sampling and compare the obvious differences between them. Fee: \$3.00 paid to instructor.

*Presenter: Steve Johnson*

## Wednesday, September 18

**Session #5: 8:30 - 9:45 AM**

### 501 Let's Eat Grandma

A lighthearted look at the rules, foibles, and idiosyncrasies of the English language- and how we often mistreat that language. Plenty of audience participation. A little learning and a lot of fun! (Note: This is NOT a repeat of the workshop with the same name that was presented at the 2018 NVON Conference. It is an extension of that workshop.)

*Presenter: Rita Bloom*

### 502 Help with Funding an HCE Great Idea - Early Readers



For some of the great ideas that HCE members want to pursue, money or lack of it, can be a hindrance to the project. Do you sometimes feel like a fish in the big pond of grant seekers? How about starting with the little pond that isn't too crowded. Learn tips to help with grant writing, how to know if it's right for you, potential partners and sharing resources.

Help the Early Readers Literacy Committee help you! We will go through the requirements for counties to receive future grant allocations. There will be some time for the group to share their own successes. What success have you had? How did it happen?

*Presenter: Debra Downen*

### 503 Cake Decorating Fun

Want to try some basic cake decorating techniques? We will make different kinds of shells to make borders and flowers, learn how to write on a cake, some cupcake baking tips will be shared and then decorate our own six pack of cupcakes. Material Fee: \$5 Paid to Instructor

*Presenter: Donna Zarovy*

### 504 Choosing the Right Realtor

You'll get good insight on what to do before you sell your home, how to decide on a realtor that you trust and feel comfortable with, and what they can do to help you through the process.

*Presenter: Riley Haupt*

### 505 Better Brain Health For All -- Better Habits Lead To Better Brain Health.

Exercising, maintaining good health, socializing and learning new information may help you keep your brain sharper, longer.

*Presenter: Mary Ellen Smith*

# 2019 WAHCE Conference Workshops



## 506 Pioneer Woman

Pack Up – You're moving West – in a wagon! True stories taken from the diaries of pioneer women on the westward journey.

*Presenter: Hopes Reines*



## 507 Hootenanny II

Join Lynn for this interactive folk music sing-along/play-along. Learn about famous folk music composers and performers and the origin of their songs. Lynn will play her banjo, guitar, and piano and bring some additional instruments for Hootenanny fun! If you joined Lynn last year for a Hootenanny-come again!! More songs-more instruments-and more fun!

*Presenter: Lynn Marcks*

### Session#6: 10:30 – 11:45 AM

## 601 Attracting Butterflies.

How to improve your property for better Butterfly population.

*Presenter: Jim Knickelbine*



## 602 Secretary Workshop

Discuss responsibilities of the County, District and State Secretaries.

*Presenter: Phoebe Shourds*

## 603 Stress and Resilience (Educational Program)

In this workshop you will learn new definitions for stress and resilience, gain a better understanding of how the body and brain interact and practice creative ways to build mental/emotional strength. *(Every county should have at least one representative at this educational program.)*

*Presenters: Tenley Koehler and Mandi Dornfeld*

## 604 Food Marketing: The Good, the Bad and Everything in Between

In a recent poll, 52% of people have no idea what labels mean when they grocery shop. Food manufacturers use new terms every day, what really does "All-natural", "Gluten Free", "Humanly raised" mean and how to sort out what is important to you when shopping for your family. After sorting out what to buy, we will be demonstrating how to put together a cheese board for your get-togethers. Sample some cheeses you may not have tried and learn some new tricks for showing off the best Wisconsin has to offer.

*Presenter: Becky Salm*

## 605 Reach Out: Prescription for Meaningful Social Interaction

We'll discuss Solitude-how it feels, what it looks like: Loneliness-Who are the Lonely? and Isolation. We will discuss seven ways to deal with feelings of isolation and loneliness. How can we be a positive role model wherein we can assist, encourage, provide or invite. Knowing we can work TOGETHER in making a difference in our own lives and in the lives of others by REACHING OUT!

*Presenter: Jeanne Harper*



## 606 Tiffany Box, Floating Ornament and Gift Card

Join in for this crafty workshop. No experience needed. You'll make a shiny glittery box to put the glass ornament and gift card in. You'll walk away with a beautiful gift. Cost \$5 for the set paid to instructor.

*Presenter: Melissa Pagel*

## 607 Membership Workshop

Membership Brainstorming. Embrace the past and step out with the new in what works and what doesn't. Share ideas that you, your club and county have discussed for making WAHCE less quiet and more interesting.

*Presenter: Charlene Southworth*







## 2019 WAHCE Conference Tour information



**(TOUR FEES ARE TRANSFERABLE BUT NOT REFUNDABLE. If minimum amount of people for tour is not met, it will be cancelled and you will be given your next choice.)**

### **Tour #1- Farm Wisconsin Discovery Center and Lake Orchard Farm Aquaponics.....\$38.00**



Enjoy the interactive overview of farming in Wisconsin. We will start with a general presentation and then self-guided tour. Live birth barn viewing if the cows cooperate. Farm tours are available.

At Lake Orchard Farm, we will learn about growing without soil, just water and plants. Learn how they grow plants all year round and some may be available for purchase.

**Minimum 38 people.**

### **Tour #2- Hamilton Wood Type Museum and Rogers Street Fishing Village.....\$38.00**

Explore the world's largest collection of type. Make prints from the museum collections and visit the current gallery exhibit. Buy a print or piece of newly cut type for yourself. At Rogers Street Fishing Village, we will see over 175 years of history of fishermen on Lake Michigan.

See pieces from the *Rouse Simmons*, a/k/a Christmas tree shipwreck we heard about at last year's conference. Great Lakes Coast Guard Museum will be available.

**Minimum: 30 people.**



### **Tour #3- Woodland Dunes, Washington House and downtown Two Rivers Shopping.....\$33.00**



Woodland Dunes is over 1,500 acres of forest, wetlands and prairies with over 400 different plants and many butterflies, birds, and small mammals. Look and listen as we have a guided tour of the butterfly gardens and watch birds at the feeders in the Chickadee Landing.

At Washington House, we will see an 1850's former inn that has the Berner's Ice Cream Parlor for getting a treat at the invention place of the ice cream sundae in 1881. Visit the downtown Two Rivers including our quilt shop, candy store, and Schroeder's Department Store, 5<sup>th</sup> generation run and one of the longest family-owned businesses in the state of Wisconsin. This tour will be outside and involving some walking.

**Minimum: 30 people.** (If this tour is cancelled, a \$5.00 additional fee will be charged for your next choice.)

### **Tour #4- Pinecrest Historical Village and West of the Lake Gardens.....\$38.00**

Pinecrest Historical Village will be a guided tour (with walking involved) that spans 150 years of history of Manitowoc County. Each of the 25 buildings have period furnishings of the early settlers.

West of Lakes Gardens will show a beautiful view of Lake Michigan and gardens created by Mrs. John West in the 1930's. The garden is now the location of the West Foundation. Newly discovered and restored murals by Two River's artist Lester W. Bentley that were hidden for over 50 years are available in the home for viewing. This tour will be outside and involve some walking.

**Minimum: 30 people.**





# 2019 WAHCE Conference Registration Information

September 16-18, 2019

## Holiday Inn Manitowoc

4601 Calumet Avenue, Manitowoc, WI 54220



### ***“HCE LIGHTS UP MY LIFE”***

Make check payable to: WAHCE, Inc.

Mail with registration form to Conference Registrar Darlene Schumacher

2531 Golf Course Road, Wisconsin Rapids, WI 54494

Phone: 715-424-2851

Email: [darleneschumacher41@gmail.com](mailto:darleneschumacher41@gmail.com)

- Registration, tour and meal fees are transferable, but not refundable.
- WAHCE reserves the right to alter or cancel a class as necessary. There is a \$50 late fee after August 15.
- Extension Family Living Educators are not required to pay a registration fee.

### **Registration Deadline: August 15, 2019**

**Registration Hours:** Sunday, September 15 ..... 2:00 pm – 6:00 pm  
Monday, September 16 ..... 8:30 am – 5:00 pm  
Tuesday, September 17 ..... 7:00 am – 8:30 am  
Wednesday, September 18 ..... 7:00 am – 8:00 am

**Tours:** Four tours are scheduled. Please indicate your first (1), second (2), third (3), and fourth (4) choice. It is important that you indicate your tour preference choices. The minimum required for a bus trip is 30 people and Tour #1 minimum is 38. If your first choice is cancelled, you will automatically be given your second choice. Include the tour fee with your registration. If tour #3 is cancelled, you will be charged an additional \$5.00. If you need special bus accommodations, please indicate that information on your registration form. All buses are deluxe motor coaches.

**Cultural Arts:** Items may be brought in Sunday (9/15) from 6:30 – 8:00 pm or Monday (9/16) from 8:00 am – 11:00 am. Judging will begin at 1:00 pm on Monday.

**Business Meeting:** President Donna Zarovy will preside at the WAHCE, Inc., Annual Business Meeting which is open to all conference attendees. Voting delegates (County Presidents and WAHCE Board members) are required to attend. All voting delegates will sit in assigned seating. This meeting begins at 8:00 am, (9/17).

**Workshops:** Indicate your first (1), second (2), third (3), fourth (4), and fifth (5) choice in each time period. Second, third, fourth and fifth choices are needed in case your first choice is filled. Omitting the second, third, fourth and fifth choice will not insure placement in your first choice.

**Education Program Workshops:** Raising a Thinking Child (September 17, 3:30 – 4:45 pm) and Stress and Mindful Relations/Compassion and Resiliency (September 18, 10:30 – 11:45 am) are the Educational Programs. Every county should have their Vice President of Program and/or Vice President of Family and Community Life (or a substitute) attending these sessions. All are welcome.

**Meals:** The cost of the meal package is \$110.00 (including gratuity). The meal package includes Monday night dinner, Tuesday breakfast, lunch and dinner, and Wednesday breakfast and lunch. Please indicate any special meal requirements on the registration form.

**Room Reservations:** Reservations must be made directly with the hotel at 920-682-6000 using the code WAE. The room rate is \$100.00 (1-4 persons). They are asking for a credit card to hold your reservation. The room block will be released on August 16. Check in time is 3 pm – check out time is noon.

**Wisconsin Sales Tax Exemption:** Unless you are being reimbursed by your county HCE organization, you will be charged sales tax. Please ask your County President for the letter required by the hotel.

**Conference Chair: Yvonne Belonga**

E-mail: [ydbelonga@centurytel.net](mailto:ydbelonga@centurytel.net)

**Co-Chair: Teri Madden**

E-mail: [teri.madden@gmail.com](mailto:teri.madden@gmail.com)





# 2019 WAHCE Conference Registration

HCE Lights Up My Life -- September 16-18, 2019  
Holiday Inn, 4601 Calumet Avenue, Manitowoc, WI 54220



Name \_\_\_\_\_ Attach Mailing Label here →

County \_\_\_\_\_ District \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Telephone (including area code) \_\_\_\_\_ E-mail address \_\_\_\_\_

Officer or Committee Chair (circle one) State District County Specific Office held \_\_\_\_\_

First Time Attendee? Yes No Special Dietary Needs \_\_\_\_\_

Emergency Contact: Name \_\_\_\_\_ Phone #: \_\_\_\_\_

I grant the WAHCE, the right to use, publish, and copyright my image for educational programs and publications, web sites and promotion of the WAHCE programs. PLEASE SIGN: \_\_\_\_\_

Make check payable to WAHCE, Inc. and mail with registration form to Conference Registrar:  
Darlene Schumacher, 2531 Golf Course Road, Wisconsin Rapids, WI 54494. Phone 715-424-2851  
E-mail: [darleneschumacher41@gmail.com](mailto:darleneschumacher41@gmail.com). **Registration Deadline: August 15, 2019**

## Workshops & Tours \*\*Please number in order of preference 1, 2, 3, 4, 5\*\*

### September 16<sup>th</sup>, Monday Tours Noon to 5 PM

- \_\_\_ #1 Farm Discovery Center & Lake Orchard Farm \$38.00
- \_\_\_ #2 Hamilton Wood Type Museum & Fishing Village \$38.00
- \_\_\_ #3 Dunes, Washington House & Two Rivers Shopping \$33.00
- \_\_\_ #4 Pinecrest Village & West of the Lake Gardens \$38.00

#### Need handicap access on bus

(Fees transferable but not refundable. If minimum count not met, you will be given your next choice. If #3 cancelled an additional \$5 will be charged for next choice.)

### September 17<sup>th</sup>, Tuesday

#### Workshop Session #1: 8:30 – 9:45 AM

- \_\_\_ 101 WAHCE Annual Business Meeting (**Note: 8:00 Start**)
- \_\_\_ 102 Up Close & Personal with Alpacas
- \_\_\_ 103 Small Spaces, Big Production
- \_\_\_ 104 Growing Lavender in Wisconsin
- \_\_\_ 105 Chair Yoga
- \_\_\_ 106 Nutrition

#### Workshop Session #2: 10:15 – 11:30 AM

- \_\_\_ 201 Up Close & Personal with Alpacas (repeat)
- \_\_\_ 202 Small Spaces, Big Production (repeat)
- \_\_\_ 203 Growing Lavender in Wisconsin (repeat)
- \_\_\_ 204 Feeding, Housing and Attracting Birds in Your Yard
- \_\_\_ 205 Wisconsin Bookworms, Explore 2019-2020 Books
- \_\_\_ 206 Civil War
- \_\_\_ 207 Beaded Bracelet (\$10 fee paid to instructor)

#### Workshop Session #3: 1:30 – 2:30 PM

- \_\_\_ 2019 ACWW Triennial Highlights

#### Workshop Session #4: 3:30 – 4:45 PM

- \_\_\_ 401 Acrylic Painting Projects
- \_\_\_ 402 Treasurer's Workshop
- \_\_\_ 403 International Workshop
- \_\_\_ 404 HOW to Think, Not What to Think: An Approach to Prevent Behavior Problems in Children (*Educational Program*)
- \_\_\_ 405 Life as Alice in Dairyland
- \_\_\_ 406 Life Changing Moments
- \_\_\_ 407 Turning a Local Grape into Fine Wine (\$3 fee paid to instructor)

### September 18<sup>th</sup>, Wednesday

#### Workshop Session #5: 8:30 – 9:45 AM

- \_\_\_ 501 Let's Eat Grandma
- \_\_\_ 502 Helping with Funding an HCE Great Idea, Early Readers
- \_\_\_ 503 ~~Cake Decorating Fun~~ closed class filled
- \_\_\_ 504 Choosing the Right Realtor
- \_\_\_ 505 Better Brain Health for All
- \_\_\_ 506 Pioneer Woman
- \_\_\_ 507 Hootenanny II!

#### Workshop Session #6: 10:30 – 11:45 AM

- \_\_\_ 601 Attracting Butterflies
- \_\_\_ 602 Secretary Workshop
- \_\_\_ 603 Stress and Resiliency (*Education Program*)
- \_\_\_ 604 Food Marketing: The Good, The Bad & In Between
- \_\_\_ 605 Reach Out: Prescription for Meaningful Relationships
- \_\_\_ 606 Tiffany Box, Ornament & Gift Card (\$5 fee paid to instructor)
- \_\_\_ 607 Membership Workshop

### Full Registration Fees:

|                                   |                |                |
|-----------------------------------|----------------|----------------|
| WAHCE Member or spouse            | \$50.00        | \$ _____       |
| Non-member                        | \$55.00        | \$ _____       |
| Extension                         | No cost        | \$ <u>FREE</u> |
| <b>Late Fee (after August 15)</b> | <b>\$50.00</b> | \$ _____       |
| Total Meal Package (6 meals)      | \$110.00       | \$ _____       |

### One Day Fees:

|                                                |         |          |
|------------------------------------------------|---------|----------|
| Tuesday Registration                           | \$30.00 | \$ _____ |
| Wednesday Registration                         | \$20.00 | \$ _____ |
| Monday Evening ( <i>meals &amp; gratuity</i> ) | \$21.00 | \$ _____ |
| Tuesday Breakfast Buffet                       | \$14.00 | \$ _____ |
| Tuesday Lunch                                  | \$16.00 | \$ _____ |
| Tuesday Banquet                                | \$26.00 | \$ _____ |
| Wednesday Breakfast Buffet                     | \$14.00 | \$ _____ |
| Wednesday Lunch                                | \$19.00 | \$ _____ |

### Tour Fee

\$ \_\_\_\_\_

### Total Enclosed:

\$ \_\_\_\_\_



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Division of Extension provides equal  
opportunities in employment and  
programming, including Title IX requirements.

## HOMEMAKER HERALD



**Summer  
2019  
Edition**