

How to create a 4-H Record Book



Richland County 4-H Program

In your 4-H Record Book, you will set goals for what you want to do in 4-H. You will also keep a record of what you have learned and your 4-H activities throughout the year.

You choose what format you will use for your 4-H Record Book. You can:

- ✿ **Fill in the Blanks** (*using 4-H record forms available at www.richland.uwex.edu*)
- ✿ **Design Your Own Pages***
- ✿ **Make A Digital 4-H Record***

4-H Records - Step by Step

STEP ONE

Decide - What will your 4-H Record Book look like? (*See examples at www.richland.uwex.edu*)

Will you... Fill In The Blanks? *Design Your Own Pages? *Create A Digital 4-H Record?

STEP TWO

Set Goals – Plan what you want to learn in each of your 4-H projects. Record your goals on the 4-H Project Goals form or create your own page with at least one goal for each project.

STEP THREE

Gather Information – Photos, news clippings, receipts, agendas, programs, videos, etc.

To make record keeping easier, have a 4-H folder where you put items after each 4-H event you attend. You may want to keep a calendar or a list of the dates of the 4-H events you attend throughout the year.

STEP FOUR

Tell Your 4-H Story – Have fun designing a 4-H Record Book that reflects who you are.

If you like to fill in the blanks, you can use the forms....If you want to design your own pages, use your imagination to create a one of a kind 4-H record book....Or use technology to tell your 4-H story!

4-H record forms are available on the Richland County UW-Extension website (www.richland.uwex.edu) or you can request copies from the Extension Office.

*If you choose to 'Design Your Own Pages' or 'Create a Digital 4-H Record', you will NOT need to fill out the 4-H record forms, but you need to include the information from these forms on the pages you create. *See examples at www.richland.uwex.edu.*

